

# OPIOID OVERDOSE PREVENTION & RESCUE TRAININGS

FREE virtual training for your staff



## Training Workshops

### 1. Opioid Overdose Rescue Training (2 hours)

Participants will learn about opioids and risk factors for overdose. They will then explore strategies for rescues and practice strategies through scenarios.

### 2. Opioid Overdose Prevention: Harm Reduction & Safety Planning with Clients (2 hours)

Participants will explore strategies to address the risks of overdose with a harm reduction approach. The scenario-based training provides opportunities for discussion and practice about issues of safety, grief, and moving toward behavior change.

## Scheduling Options

To learn more or schedule a training for your staff:

Email: Gracie Rolfe ([grolfe@hria.org](mailto:grolfe@hria.org)) or call 617.391.9192

Book your **FREE** staff training now!



ASL interpretation and  
CART services available  
upon request.

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Health Resources in Action  
Advancing Public Health and Medical Research

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**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration



# Additional Modules

## 1 Addressing Drug-Related Stigma & Bias (3 hours)

Drug-related stigma presents barriers to effectively supporting clients who use drugs. Our biases are learned from a culture that stigmatizes drug use and ostracizes those with substance use disorders. This training will focus on identifying our biases and societal stigma surrounding people who use drugs and actions we can take to address them.

## 2 Analyzing the U.S. War on Drugs & Racist Drug Policies (3 hours)

This session will explore the historical sources of these attitudes, including an examination of the racialized drug policies of the War on Drug.

## 3 Exploring Pathways of Recovery (3 hours)

When we recognize that recovery looks different for every person, we can better advise our clients. This training will introduce various forms of recovery, from medication to 12-step programs to cognitive based therapies. Participants will also explore stigma around recovery and how to best support our clients.

4

## Working with People Who Use Stimulants: Best Practices (3 hours)

As drug use changes and evolves in Massachusetts and beyond, we need to be prepared to support clients no matter what substances they use. Learn the basics of what stimulants are, what they do in the body, and how we can support people who use stimulants.

5

## Best Supervisory Practices: Working through Incidents & Crises (2 hours)

This non-clinical training is intended to provide supervisors with the best practices and tools for nurturing and supporting staff who work in substance use, harm reduction, homeless services, and other social service fields.

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## Secondary Trauma (2.5 hours)

The training module is designed to educate and build skills around understanding secondary trauma and cumulative stress with a specific focus on improving the wellness and safety of service providers working in direct care with people who use drugs. Training topics include supporting resilience and preventing secondary trauma, compassion fatigue, and burnout.

## Scheduling Options

To learn more or schedule a training for your staff:

Email: Michael Leonard ([mleonard@hria.org](mailto:mleonard@hria.org))  
or call 443.610.2616

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