

Dear Community Leaders,

Given all the changes, uncertainty, and loss associated with COVID-19, we know that we as a community are concerned about our children, families and loved ones, and we would like to offer some assistance. MassSupport Network provides free community outreach and support services to youth and adults statewide. Our "Crisis Counseling Program" is a partnership between the MA Department of Health and Riverside Trauma Center and is funded by the Federal Emergency Management Administration (FEMA).

MassSupport Network's services are free, confidential, and anonymous. We provide individuals of all ages and families with up-to-date information, emotional support, a variety of resources to meet both basic and higher-level needs, coping strategies and more. The network has a diverse/multilingual team of Mass-based outreach counselors and clinicians, solely dedicated to serving your region.

We also offer consultation, group support, and psycho-educational presentations to schools, businesses and organizations. We would be more than happy to provide individual or group services to teachers and/or administration or other staff if it would be helpful in these challenging times.

You can follow us on social media and search our website:

Website: www.masssupport.org

Twitter: https://twitter.com/masssupport_org

YouTube: <https://www.youtube.com/channel/UCC94F55A4p4u9aFcQXoyghA/>

Facebook: <https://www.facebook.com/masssupport.org>

Instagram: https://www.instagram.com/instagram.org_

Please feel free to contact me directly at erego@riversidecc.org or for statewide assistance please call 888-215-4920. Thank you for your time and consideration. I wish you good health.

Sincerely,

Elizabeth M. Rego, MSW

MassSupport- Southeast Team Leader