



TWENTY >> ZERO

ENDING VETERAN SUICIDE

More than 380,000 Veterans live in Massachusetts. Many of them urgently need treatment for post-traumatic stress and traumatic brain injury—the most common and challenging of the “invisible wounds” of military service.

Project 20-0 will train more than 2,000 clinicians, first responders, and community stakeholders in Massachusetts to be better equipped to serve the Veterans and their Families in their communities.

HOW TO ENGAGE & OFFER ASSISTANCE TO AN AT-RISK VETERAN:

- 1. OBSERVE** Withdrawn, hopeless, reckless, agitated
- 2. HEAR** “I wish I wasn’t here”
- 3. ASK** “Are you a Veteran or Service Member?”
- 4. ASSESS** “Are you thinking of hurting or killing yourself?”
- 5. CALL** Offer to call the Veteran’s crisis line together.
Dial 1-800-273-8255, press #1 to talk to someone
- 6. GIVE** Encouragement to seek therapy

HOME BASE CLINICAL PROGRAMS HOSTED BY CERTIFIED, LICENSED PROVIDERS

Care, lodging, transportation, and food provided at NO COST to participants.

Intensive Clinical Programs

Available to Veterans of all eras and Service Members from across the country, regardless of discharge status.



Two-Week ICP for PTSD

One year’s worth of group and individualized evidence-based therapy offered over a two-week period.



Four-Day Accelerated Clinical Treatment (ACT) Program

30 hours of individualized evidence-based therapy offered over a four-day period.

Telehealth Services

Available to Veterans, Service Members, and Family Members across the Commonwealth.



Online Mental Health Care

Connect with mental health providers online for the following services:

- Medical Consultations
- Couples Therapy
- Family Therapy
- 1:1 Behavioral Therapy
- Substance Use Recovery Services

To arrange care, contact:

Veteran Outreach Coordinator Brendan McCaffrey

✉ BMCCAFFREY@partners.org

* homebase.org/connect2care

MENTAL HEALTH PROVIDERS TRAINED IN EVIDENCE-BASED THERAPIES FOR PTSD

Home Base trained providers specializing in therapies for at-risk Veterans.
To refer a Veteran, call these providers directly and mention Home Base.

Ralph Cahoon, LICSW, LADC

Spartina Counseling
947 Rt 6A
Yarmouth Port, MA 02675

☎ 508 332 8422

✉ SpartinaCounseling@comcast.net

☑ Telehealth offered

Insurance Accepted:

- AllWays Health
- Beacon
- BlueCross BlueShield
- Fallon Health
- Group Insurance Commission
- Harvard Pilgrim
- Health Plans Inc.
- Medicare
- Optum
- Tufts
- United Healthcare

Albert Roberti, MA, LMHC

Child and Family Services, Inc
100 Independence Drive
Hyannis, MA 02601

☎ 508-778-1839

☑ Telehealth offered

Insurance Accepted:

- All private insurances
- Masshealth
- Tricare

Alyssa Davis, MSW, LICSW

Private Practice
947 Route 6A
Yarmouth Port, MA 02675

☎ 508-859-0330

✉ capecodtherapist@gmail.com

☑ Telehealth offered

Insurance Accepted:

- Allways
- BCBS
- Harvard Pilgrim
- Health Plans Inc
- MBHP
- Medicare
- Tufts
- United Health Care
- Cigna

Brian Diehl, LICSW

Duffy Health Center
94 Main St.
Hyannis, MA 02601

☎ 774-722-4166

✉ bdiehl@duffyhealthcenter.org

☑ Telemedicine offered

Insurance Accepted:

- Masshealth
- Optum
- Medicare
- Connector Care

ADDITIONAL LOCAL VETERAN SERVICES

☑ Telehealth available at all locations.

Hyannis VA

233 Stevens Street
Hyannis, MA 02601-3766

☎ 508-771-3190

Hyannis Vet Center

474 West Main Street
Hyannis, MA 02601

☎ 508-778-0124



HOME BASE

☎ (617) 724-5202

homebase.org/connect2care

Our most up-to-date provider list can be found at www.homebase.org/preventsuicide.