



SPRING FARM BOX DISTRIBUTION: RESERVE YOURS NOW!!

Elder Services of Cape Cod and the Islands, Inc. will be distributing boxes of fresh produce to individuals 60 years of age or older residing in Barnstable County.



Each box is free of charge and will contain produce from **Cape Abilities Farm**. To reserve a box please call the Nutrition Department at Elder Services at (508) 394-4630 x412. All reservations must be made by 3:00 p.m. on Wednesday, April 19. There are a limited number of boxes and they will be available on a first come, first served basis. You do not have to be an Elder Services' consumer to receive this benefit.

The produce will be distributed via a "grab-n-go" on Tuesday April 25 between 12:00 - 1:00 p.m. at Elder Services of Cape Cod and the Islands located at 68 Route 134 South Dennis