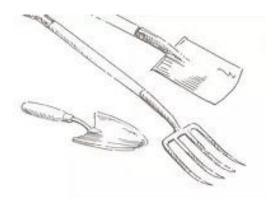
Anderson's La Costa Nursery 400 La Costa Ave. Encinitas, CA 92024 Tel: 760-753-3153

www.andersonslacostanursery.com andersonslacosta@gmail.com

Fall/October Gardening Tips



October is when we start to see our first true days of autumn. We have already experienced some cooler nighttime and morning temperatures between our summer-like hot spells.

In Southern California, our mild Mediterranean climate makes it possible to plant year-round, but fall is one of the best times of the year to garden: the soil is still warm and the cooler season is soon

upon us. As the temperatures start to cool down, working in the garden becomes even more glorious.

As the temperatures start to cool down, working in the garden becomes even more glorious. October is the peak month for planting cool-season flowers and vegetables. Although you won't be able to enjoy their color until next spring, October is also a choice month for planting perennials. By planting now, they will develop a strong root structure during our cool weather and then burst into glorious color in the spring.

Trees and shrubs: It's a great month to shop for trees and shrubs as they're showing their true colors. Planting can take place now and over the next several months, letting strong healthy roots develop over the winter.

Watering: It's easy to forget about watering duties once it finally cools down, but proper moisture now is key to your plants' successful survival over the cooler winter months. Check the moisture of all plants especially those in dry sheltered areas such as under eaves and around tall evergreens. Adjust your watering based on rainfall and anticipate precipitation by placing rain barrels in your yard for future irrigating.

Composting: Rake or otherwise gather all debris - from leaves to grass clippings to spent plants and vegetables, and either give the compost pile a good feeding or spade them directly into the ground. As an alternative to raking, if you have drifts of piled leaves mow over them in the grass to break them up and make a great brown-and-green composting combo.

Pest control: Slugs don't slow down as the weather gets cooler; in fact you'll likely find them at all life stages in October - from eggs to adults. Take whatever measures you prefer to eliminate slugs. It's best to catch them at early stages to stop the reproduction cycle. Keep the ground raked and tidied to reduce their habitat.

Weeding: Keep staying ahead of weeds this month - they serve as homes for pests and bugs. Destroying them before they flower and seed will save you work in the future.

Houseplants: If you treat houseplants with fertilizer and plant food, keep them warm and away from direct sunlight after treating. Fertilize houseplants now and they shouldn't need it again until March.

Roses: Early in the month feed roses for the last time this year. Give roses up to 1 inch of water twice a week unless it rains.

Azaleas and Camellias: The fungus that causes petal blight in azaleas and camellias over-winters in fallen flowers, leaves, and old mulch. To decrease the chances of blight remove all the debris under the plants and apply new mulch. Fruits and veggies: Harvesting fruits and vegetables is the best part of growing them. After you have finished harvesting your summer vegetables you can plant a cover crop of clovers, cow peas, soybeans, or vetches for the purpose of plowing under next spring. These nitrogen producing plants will provide good organic matter and food for your garden crops next year as well as helping to control weeds over the winter.

Clean and oil your **garden tools!** Place some sand and some oil in a large bucket then slide your garden tools in and out of the sand. This will do an excellent job of cleaning them as well as applying a light coat of oil to prevent rusting.

Clean your gutters and downspouts to remove fallen leaves and other debris. Plugged gutters can cause serious damage to your home as well as your garden, especially if we experience any significant rainfall this fall and winter. Remove Old Fruit: This month remove all fallen fruit from around fruit trees and any fruit that has mummified on the trees. Such fruit will harbor over-winter pests and disease organisms.

The **birds** will soon begin their migrations. Give them a helping hand by providing them with some food for their long journey. No one likes to travel on an empty stomach, and you may even persuade a few of them to stick around for the winter if they know they have a reliable food source! Old Ben's Wild Birdseed is available at the nursery for your bird feeders and bird houses.

Choose Sunny Planting Sites: When planning your fall garden remember that the angle of the sun changes from spring-summer to fall-winter. Areas of the garden that were in full sunlight during the summer may be in partial or full shade during the fall and winter.

New Plantings

Cool-Season Vegetables: Plant cool-season vegetables such as broccoli, Brussels sprouts, cabbage, cauliflower, celery, kale, kohlrabi, mustard, lettuce and other greens.

Cool-Season Flowers: Plant cool-season flowers. These include calendula, cineraria, dianthus, delphiniums, Iceland poppies, nemesia, pansies, snapdragon, stock and wild flowers. Wild Flowers: For long-lasting color choose a western seed mix that has both annuals & perennials or make your own mix using your favorites. Good candidates for a wild flower mix include California poppies, larkspur, linaeria, clarkia, Chinese houses, godetia and gypsophila.

