

HELP RESEARCHERS LEARN MORE ABOUT CHILDHOOD PHYSICAL ACTIVITY.

Research has shown that most children do not engage in the recommended levels of physically activity. Researchers are exploring new ways parents can help their children be more physically active.

The **Pre-PLACE research study** will determine if parents can use a mobile phone application (app) to help their children be more physically active.

*To qualify for this research study,
children should:*

- Be 6 - 10 years old
- Be physically inactive

Parents should:

- Own a smartphone
- Be willing to use the text (SMS) messaging service for study use
- Be able to access the internet on their phone

Other study qualifications will be assessed during the screening process.
Participation in this research study will last approximately 5 months.
Compensation of up to \$50 is offered for the completion of this study.

