

PARTICIPANTS NEEDED

FOR A **REMOTE***
RESEARCH TRIAL OF
A NEW **DIGITAL
THERAPEUTIC
MOBILE APP**

**No in-person visits*

Purpose:

To evaluate the usefulness of a new cognitive-behavioral therapy (CBT) digital therapeutic (DTx) intervention.

Designed *specifically* for **Service Members and Veterans** who have a history of head injuries and who are currently experiencing symptoms of depression

CBT is an effective treatment for depression. A DTx mobile app could increase availability. A possible benefit is reduced depressive symptoms, but there is no guarantee you will benefit from this study.

Time Commitment:

30 minutes to 1 hour per week
for 16 weeks

No financial compensation is being offered as part of this study

Principal Investigator:

David Brody, MD, PhD



Photo by Kirk Frady

Protocol Title:

A Single-Blind, Randomized, Controlled Trial of a CBT-DTx to Combat Symptoms of Depression in Service Members & Veterans with a History of mTBI

Contact the Study Team

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(USUHS) IRB 1

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