



ARENA
COUNSELING

Presents

Rooted & Resilient

A MIDDLE SCHOOL PROCESS GROUP

Led by Rebekah Taylor, APC

Middle school can be overwhelming – socially, emotionally, and mentally. Our five-week therapeutic support group offers students a safe space to build emotional resilience, improve peer connection, plan for organizational strengths and develop effective communication strategies.



September 4th - October 2nd



71 N Jackson St, Forsyth



5:30 PM - 6:30 PM



Call to inquire about cost & available financial assistance

Call or email Office Manager, Avery, to enroll your student today:
478-992-0305 avery@arenacounseling.org

This group will be led by Rebekah Taylor, APC (License Number: 009538). Rebekah is currently practicing under the clinical supervision of Jacquelin Wilson, (License Number: 008703). Rebekah is passionate about working with middle school students, as most clearly evidenced by her job as Clifton Ridge Middle School's counselor. Rebekah also thoroughly enjoys her role as a therapist in private practice with Arena Counseling. You are sure to enjoy her knowledge, experience and caring spirit. Learn more about Rebekah and Arena Counseling by visiting www.arenacounseling.org.