

Hours	SST Course Topics	DOB approved Course Equivalent	Type
1	Electrocution Prevention	8-Hour Master and Special Electrician Renewal	General Elective
1	Fire Protection and Prevention	40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher	General Elective
1	First Aid and CPR	none	General Elective
1	Handling Heavy Materials and Proper Lifting Techniques	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	General Elective
1	Health and Safety Programs in Construction	none	General Elective
1	Hoisting and Rigging	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	General Elective
1	Materials Handling, Storage, Use, and Disposal	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	General Elective
1	Protection From Sun Exposure	none	General Elective
1	Repetitive Motion Injuries	none	General Elective
1	Stairways and Ladders	OSHA Awareness 4 Hour Fall Protection	General Elective
1	Tools - Hand and Power	40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher	General Elective
8	Chapter 33 Site Safety	40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher	Prescribed Course
2	Drug and Alcohol Awareness	none	Prescribed Course
4	Fall Prevention (4-Hour)	none	Prescribed Course
8	Fall Prevention (8-Hour)	none	Prescribed Course
2	Pre-Task Meetings	none	Prescribed Course
2	Site Safety Plans (SSP)	none	Prescribed Course
4	Scaffolds-Supported	4 Hour Supported Scaffold 32 Hour Supported Scaffold User 8 Hour Supported Scaffold Refresher	Prescribed Course
2	ToolBox Talks	none	Prescribed Course
1	Asbestos/Lead Awareness	none	Specialized Elective
1	Concrete and Masonry Construction	30-Hour Concrete Safety Manager 8-Hour Concrete Safety Manager Refresher	Specialized Elective
1	Confined Space Entry	OSHA Awareness 4 Hour Confined Space	Specialized Elective
1	Cranes, Derricks, Hoists, Elevators, and Conveyors	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	Specialized Elective
1	Demolition Safety	40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher	Specialized Elective
1	Ergonomics	none	Specialized Elective
1	Excavations	40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher	Specialized Elective
1	Flag Person	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	Specialized Elective
2.5	Foundations for Safety Leadership	40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher	Specialized Elective
1	Job Hazard Analysis	40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher	Specialized Elective
1	Personnel Lifts/Aerial Lifts/Scissor Lifts Safety	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	Specialized Elective
1	Motor Vehicles, etc..	none	Specialized Elective
1	Risk Assessment and Accident Investigation	40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher	Specialized Elective
1	Scaffolds-Suspended	16-Hour Suspended Scaffold User* 8-Hour Suspended Scaffold User Refresher* 32-Hour Suspended Scaffold Supervisor* 8-Hour Suspended Scaffold Supervisor Refresher*	Specialized Elective
1	Steel Erection	none	Specialized Elective
1	Welding and Cutting	none	Specialized Elective

\* Any one of the Equivalent Worker and/or Licensee Courses on the right can give credit for all of the applicable General and Specialized Elective courses in the left column for a total of hours not to exceed the number of hours of the Equivalent Worker and/or Licensee course. Only licensed professionals can claim credit for the 8-Hour Site Safety Manager Refresher.