



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**PROJECT
CORNERSTONE**
A YMCA of Silicon Valley Initiative



PROJECT CORNERSTONE FOR PARENTS

Take It Personally 6-Week Workshop

DATE: 4/17, 4/24, 5/1, 5/8, 5/15, 5/22

TIME: 9:15 AM to 10:45 AM

PLACE: Hillview Middle School

SUGGESTED DONATION: \$20.00 for workbook/materials
(Workshop paid for by District.)

Join us for this research based series!

- What are the 8 Keys To Success?
- Tools for building stronger family communication.
- Setting and keeping safe boundaries/rules that teach.
- Passing along our values, like lifelong learning...
- Skills for growing, living and connecting with others.
- Taking every moment as an opportunity to build stronger relationships with youth.

FOR DETAILS CONTACT:

Ziem@projectcornerstone.org

Sign up today at



**Kids want support from caring adults
and parents want tools to support kids**

PARTICIPANT COMMENTS

"I came here to change my children. By the end,
I changed myself."

"Parenting today is difficult. Children are exposed to a
lot of influences in every day life. It's daunting trying
to raise children that grow up to be upstanding and
productive adults."

"Take It Personally" is a great course where parents
can share ideas and information and have valuable
conversations around difficult issues."

<http://www.signupgenius.com/go/60b0945aba72d6-take>