



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

PROJECT  
CORNERSTONE  
A YMCA of Silicon Valley Initiative



# PROJECT CORNERSTONE FOR PARENTS

## Take It Personally 6-Week Workshop

**DATE:** 4/17, 4/24, 5/1, 5/8, 5/15, 5/22

**TIME:** 9:15 AM to 10:45 AM

**PLACE:** Hillview Middle School

**SUGGESTED DONATION:** \$20.00 for workbook/materials  
(Workshop paid for by District.)

**Kids want support from caring adults  
and parents want tools to support kids**

### Join us for this research based series!

- What are the 8 Keys To Success?
- Tools for building stronger family communication.
- Setting and keeping safe boundaries/rules that teach.
- Passing along our values, like lifelong learning...
- Skills for growing, living and connecting with others.
- Taking every moment as an opportunity to build stronger relationships with youth.

### FOR DETAILS CONTACT:

Ziem@projectcornerstone.org

### Sign up today at



### PARTICIPANT COMMENTS

**"I came here to change my children. By the end, I changed myself."**

**"Parenting today is difficult. Children are exposed to a lot of influences in every day life. It's daunting trying to raise children that grow up to be upstanding and productive adults."**

**"Take It Personally" is a great course where parents can share ideas and information and have valuable conversations around difficult issues."**

<http://www.signupgenius.com/go/60b0945aba72d6-take>