



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PROJECT
CORNERSTONE

A YMCA of Silicon Valley Initiative



PROJECT CORNERSTONE FOR PARENTS

Take It Personally 6-Week Workshop

DATE:

TIME:

PLACE:

SUGGESTED DONATION:

Join us for this 6-week series!

Week 1: What are the 8 Keys To Success? What specific things can parents and caregivers say and do to help young people succeed?

Week 2: Tools for building stronger family communication. Tips for building responsibility and trust in our family.

Week 3: Setting and keeping safe boundaries/rules that teach. Tips for discipline that strengthens relationships.

Week 4: What do we stand for in our family? Passing along our values, like lifelong learning...

Week 5: Skills for growing, living and connecting with others. Ways our strong family builds confident kids.

Week 6: Taking every moment as an opportunity to build stronger relationships with youth.

PARTICIPANT COMMENTS

“Parenting today is difficult. Children are exposed to a lot of influences in every day life. It’s daunting trying to raise children that grow up to be upstanding and productive adults.”

“Take It Personally” is a great course where parents can share ideas and information and have valuable conversations around difficult issues.”

FOR DETAILS CONTACT:

Sign up today at