



## MPAEF's Auction Fund-a-Need 2021: Focusing on the Whole Child, Now More Than Ever

As we turn our thoughts to a return to life in our new normal, MPCSD is asking for your help to support this year's Fund-a-Need, which will support our children's mental health and emotional well-being over the coming years. Our \$50,000 Fund-a-Need goal will go directly to programs and training so our teachers and staff can help raise all of our K-8 students' emotional intelligence and well-being. By including emotional intelligence education into our curriculum now, we are equipping students with lifelong skills that will help them succeed not just in elementary and middle school, but into their teens and adulthood.

### With our parent community's \$50,000 contribution, we will be able to fund:

- Educating staff so they can help students better recognize and understand their emotions, including:
  - Training for all 400+ district staff members in RULER methods on how to support your child's emotional well-being.
  - Professional development with Karen Junker to expand use of restorative practices and community circles.
  - Expanding parent education and family support around students' emotional needs.
- Providing engaging materials and experiences for students to develop their emotional intelligence, including:
  - Interactive lessons for students (ex: "Feeling Friday" for K-1st graders).
  - Community circles and restorative practices that promote increased trust, social leadership opportunities, and increased confidence among students.
  - RULER materials including Mood Meter posters for every classroom.
- Creating safe and comforting retreats for students to help them manage their emotions during periods of anxiety or stress, including:
  - Bean bags, sofas, tents, pillows, and sensory rooms.
  - Calming items like stuffed animals, puppets, sensory objects, books, art and journaling supplies, and weighted blankets.
  - Calm down kits including fidget items (spinners, balls, cubes, and small puzzles).

As educators and parents, we believe that providing our children with the tools to manage their emotions and engage positively with their peers is one of the most important contributions we can make to their long-term happiness and success. **Please support MPCSD's vision of providing every child with the opportunity to engage, achieve, and thrive by making your donation to this year's Fund-a-Need!**

