



## Everyday Menu

## Weekly Specials

### Healthy Choices

Chicken Caesar Wrap  
Buffalo Chicken Wrap  
Chicken Caesar Salad  
Tossed Garden Salad  
Yogurt Parfait  
Veggie & Dip Cup  
Seasonal Fruit

### Made-to-Order Salads, Sandwiches & Wraps

Customize your own Deli Sandwich, Wrap, or Salad. Select your protein, select your cheese, and customize with Toppings and condiments of your choice.

### Grill

Crispy Chicken Nuggets  
Classic Grilled Cheese  
Hot & Fresh French Fries  
Homestyle Chicken Sandwich  
Spicy Chicken Sandwich  
Chicken Cheesesteak

### Pizzeria

Classic Cheese Pizza  
Buffalo Chicken Pizza  
Featured Pizza

### Dessert

Chocolate Chip Cookie  
Sugar Cookie

### Wingtopia

Wing Bar  
Every Wednesday  
Every Thursday During Lent  
• Buffalo  
• Kansas City BBQ Sauce  
• Sweet Teriyaki


**Feb  
2<sup>nd</sup> – 6<sup>th</sup>**

Feature Appetizer: Easy & Cheesy Tots  
Grill Feature: Meatball Parm  
Pizza Feature: Meat Lovers  
 Salad Feature: **Chicken, Bacon, Ranch**  
Breakfast Rewind: Grab and Go Waffles  
Main Plate: Big ARCH Burger Combo  
Dessert Feature: S'mores Nutella Pizza


**Feb  
9<sup>th</sup> – 13<sup>th</sup>**

Feature Appetizer: Krabby Fries w/Cheese Dip  
Grill Feature: Chicken Parm Sandwich Melt  
Pizza Feature: Hot Honey Pepperoni  
 Salad Feature: **Chicken, Bacon Ranch**  
Breakfast Rewind: Cherry Frudal Bar  
Main Plate: BYO Italian Protein Pasta  
Dessert Feature: Cinnamon Sugar Pretzel Bites

**Feb  
16<sup>th</sup> – 20<sup>th</sup>**

Feature Appetizer: Onion Rings w/Petal Sauce  
Grill Feature: Three-Cheese Stuffed  
Texas Toast  
Pizza Feature: Garlic Parmesan White Pizza  
 Salad Feature: **Chicken, Bacon, Ranch**  
Breakfast Rewind: Cherry Frudal Bar  
Main Plate: Sweet & Sour Veggie Dumpling  
Combo  
Dessert Feature: Banana Pudding Parfait

**Feb  
23<sup>rd</sup> – 27<sup>th</sup>**

Feature Appetizer: Mac & Cheese Bites  
Grill Feature: Pepper Jack Chicken Biscuit  
Pizza Feature: Boardwalk  
 Salad Feature: **Chicken, Bacon, Ranch**  
Breakfast Rewind: Pancake Puffs w/ Syrup  
Main Plate: BYO Loaded Nacho Bar  
Dessert Feature: Funnel Cake Fries