

Security Health Plan provides nutritious benefit for members with CHF after hospital, skilled nursing facility stays

As of Jan. 1, 2020, Security Health Plan's Medicare Advantage HMO-POS and Ally Rx D-SNP members who have a diagnosis of congestive heart failure (CHF) receive a nutritious benefit to assist in their recovery. Security has arranged for members to receive two weeks of free meals after they are discharged to home from an inpatient hospital stay or a Medicare-approved stay for recovery following illness or injury in a Medicare-certified skilled nursing facility.

This benefit applies even when the inpatient stay is not related to the member's heart health. Here's how it will work.

1. Security is notified when a member is admitted to a hospital or nursing home. For members with a diagnosis of CHF, we make a contact during the stay to verify that the member wishes to receive the free meals.
2. After Security receives notice of discharge to home, we contact Mom's Meals, a highly-rated nationwide meal service based in Iowa. Mom's Meals then sends the member two weeks of nutritious, heart-healthy meals to assist in recovery.
3. Refrigerated and ready to heat and eat, the meals arrive in two weekly shipments to the member's home via UPS or FedEx. Each shipment includes 14 meals, providing breakfast and dinner each day for a week.
4. The meals are designed by dietitians to support the members' specific nutritional needs. They keep in the refrigerator for up to 14 days for the member to simply heat and enjoy.

In Mom's Meals' most recent annual customer survey, 97 percent of their clients said they eat healthier and more regularly with Mom's Meals. That's what this is all about: Security Health Plan wants to help its members recover and regain their best health as soon as possible after an illness or injury.

Security Health Plan uses claims history to identify its members who have one of the conditions below and reaches out to them regarding the meals program. Providers will not have any responsibility to notify us regarding their patients with CHF. Here are the ICD-10 CHF codes that qualify for the meals benefit:

I50, I50.1, I50.2, I50.21, I50.22, I50.23, I50.3, I50.30, I50.31, I50.32, I50.33, I50.4, I50.41, I50.42, I50.43, I50.8, I50.81, I50.810, I50.811, I50.812, I50.813, I50.814, I50.82, I50.83, I50.84, I50.89, I50.9.