

Understanding the value of HEDIS measures

The Healthcare Effectiveness Data and Information Set (HEDIS) is one of the most widely used tools in health care performance measurement. Developed by the National Committee for Quality Assurance (NCQA), HEDIS includes more than 90 measures across six domains of care, from preventive screenings to chronic disease management. These measures allow providers, health plans and patients to assess the quality of care being delivered and identify opportunities for improvement.

For providers, strong HEDIS performance reflects a commitment to delivering evidence-based, patient-centered care. Many measures align with routine preventive practices such as immunizations, cancer screenings and blood pressure control. Others focus on closing care gaps for chronic conditions like diabetes, asthma or cardiovascular disease. By proactively addressing these measures, providers not only help patients achieve better health outcomes but also support value-based care initiatives and pay-for-performance programs.

Accurate documentation and timely data submission are key to success. Simple steps, such as coding correctly, encouraging follow-up visits and reminding patients about overdue screenings, can make a significant difference.

Ultimately, HEDIS is more than a reporting requirement. It is a roadmap to higher-quality care, improved patient satisfaction and stronger collaboration across the health care system.