

Member compliance required for continued authorization of positive airway pressure treatment

To receive the maximum benefit from positive airway pressure (PAP) treatment, the Security Health Plan member must be compliant with therapy. This requires using the PAP device for at least 4 hours each night for at least 21 nights during a 30 day period, or as prescribed by the treating physician.

PAP device usage is authorized for 3 months. In order to continue coverage beyond 3 months, the Security Health Plan member needs the following.

1. Compliance with the PAP treatment is documented

The PAP device is equipped with a read-out function and removable memory card that records usage of the device. The durable medical equipment (DME) provider will educate the member on how to provide this information by either bringing the memory card to the DME provider or using an online software application to verify the compliance information.

2. The member must see the treating physician

A face-to-face evaluation by the treating physician is required between the 31st and 91st day after receiving the PAP device. The physician will need to document that symptoms have improved.

If the member is compliant with PAP treatment and the physician documents the effectiveness of PAP treatment for member symptoms, benefit coverage for PAP treatment will continue.

If the member is found to be noncompliant with PAP treatment, it has not improved the member's symptoms or the PAP device is no longer prescribed by the physician, the benefit coverage for this device and related accessories will not continue.