

Pharmacy prior authorization reminders

As part of Security Health Plan's pharmacy benefit manager (PBM) transition from MedImpact to OptumRx, effective Jan. 1, 2026, some adjustments were made to formularies and prior authorization requirements. The pharmacy team has been tracking denial trends and would like to highlight the following reminders.

Medicare plans

- **Zepbound:** Medicare does not allow coverage for GLP-1s prescribed for weight loss only. Members must have a diagnosis of sleep apnea confirmed by a sleep study.
- **Continuous Glucose Monitors** (Dexcom and Freestyle Libre): Medicare ONLY covers CGMs for members who are using insulin or who are at risk (or have had) severe hypoglycemic events.

Commercial and exchange plans

- **Diabetic GLPs** (Mounjaro and Ozempic): members must have a Type 2 diabetes diagnosis and provide lab work to support the diagnosis.
- **Weight loss GLPs** (Wegovy/Zepbound): weight loss is considered a benefit exclusion and will not be approved for coverage even with an appeal.
- **Nurtec ODT:** this product is non-formulary. Ubrelvy and Zavzpret are on formulary with a prior authorization required.
- **Continuous Glucose Monitors** (Dexcom): members must be on insulin to allow for coverage. Freestyle Libre is not on formulary.

Security Health Plan's formularies are [available on the website](#). Questions can be directed to customer service at (877) 873-5611.