

**Luther High School  
Open Gym Guidelines – Covid Protocols  
November 2020**

**A. Pre-Workout Screening**

- Participants and supervisors should check their temperatures at home before attending any practice, work-out, game, etc. at Luther High School. If a student-athlete or coach has a fever of 100.4 or above, they should not attend.
- A covid-symptom record check will be kept of all individuals present at each activity.

**B. These requirements must be followed during the voluntary open gym times.**

- WIAA Open Gym guidelines will be followed.
- Per the Governor’s mandate, mask must be worn during open gyms. They should be worn properly, covering nose and mouth.
- Only the ACE gym will be used for open gyms.
- Supervisors are responsible for ensuring social distancing is maintained between participants.
- A maximum of 20 participants per open gym session will be allowed.
- Participants must sign-up in advance for open gym time slots.

**C. Open Gym Dates**

**November 2,3,5,6 (Monday, Tuesday, Thursday, Friday)**

Session 1	6:30-7:00 am	Boys only	20 participants
Session 2	7:00-7:30 am	Boys only	20 participants

\* Girls have contact day opportunity each day after school.

**November 9, 10, 12 (Monday, Tuesday, Thursday)**

Session 1	3:10-3:40 pm	Boys only	20 participants
Session 2	3:40-4:10 pm	Boys only	20 participants

Note: If football needs to use the gym they will have precedence and open gym will be cancelled. Friday, November 13 will be used as a make-up day if at least one day is lost.

#### **D. Sign-up**

- Register with Coach Schaper by email only. [schabrad@luther.k12.wi.us](mailto:schabrad@luther.k12.wi.us)
- Registration must be made by chapel time prior to the day of participation.
  - Registration for Monday, November 2 must be made by noon on Sunday, November 1.
- Registrations will be confirmed with a returned email.

#### **E. Cleaning Schedule / Sanitation Procedures for Open Gym dates**

- Participants should hand sanitize as they enter and exit their open gym session
- Luther High custodial staff will clean and disinfect the gyms, locker rooms, and associated bathrooms using an EPA registered disinfectant.

#### **F. Locker Room Use**

Locker rooms may be used following the guidelines established and posted.

#### **G. Failure to Comply**

Participants who fail to comply with the open gym guidelines will forfeit their opportunity to participate.