LIVING WELL TOGETHER

A Greater Cape Ann Community
Wellness Fair

Wednesday, February 26, 2025
9 AM – 1 PM

Food and Nutrition | Movement, Balance & Exercise | Self-Care | Hearing & Vision | Holistic & General Healthcare | Senior Readiness

Glen T. MacLeod Cape Ann YMCA
7 Gloucester Crossing Rd
Gloucester, MA

Mind Body Spirit
Greater Cape Ann Chamber of Commerce
Wellness Group

Sponsors:

the YMCA

Essex County OB/GYN
Caring for Generations

