

Amy Mazur is a Career Development Specialist and Counselor Educator who has been working in the field for over 20 years, and who assists individuals to begin, renew and advance their careers. Her expertise includes educating, training and mentoring professionals in career and workforce development on using counseling skills to foster growth and change.

Prior to her current work in private practice and as Lead Career Counselor at JVS, Amy was a Career Counselor and Assistant Director of Career Services at the Women's Educational & Industrial Union, where in addition to individual and group work, she created and developed the Professional Development Seminars Series for career development professionals. Aside from coordinating the Professional Development Seminar series through the Career Counselor's Consortium for over 20 years, Amy currently trains and mentors new Career Counselors locally, regionally and nationally. As adjunct faculty at Lesley University's Graduate School of Arts and Social Sciences, Amy taught Vocational Development & Career Counseling for over ten years, and is currently a guest lecturer at Boston College's Lynch School of Education. As Co-Chair of the Advisory Board at the Institute of Career Transitions, Amy's most recent work focuses on the effects of self-blame on the long-term unemployed professional.

Amy received her Master of Education from Harvard University in Counseling & Consulting Psychology, and her undergraduate degree in Psychology from the University of Michigan. She is a National Board-Certified Counselor (NBCC), and is a member of the National Career Development Association (NCDA), the association from which she received the Master Career Development Professional (MCDP) designation.

Amy's focus is to assist clients to overcome obstacles, real or imagined, that may inhibit them at any point in the career planning and management process from finding meaningful work. Through assessment, counseling, managing transitions and exploring realistic options, Amy assists individuals to reflect on the meaning of work and how they want it represented in their lives, and is committed to recognizing how contexts and systems in which clients locate themselves are critical to understanding how an individual develops beliefs and generates options.