



A NAMI Mass campaign



What is NAMI In Our Own Voice?

NAMI In Our Own Voice is a unique public education program in which presentations consist of two trained speakers sharing their compelling personal stories of living with mental health challenges and achieving recovery.

All City of Worcester employers are welcome to any session. Attendees will benefit from the inspirational stories of the speakers, hearing about the impact of stigma in the workplace, and how workplace culture can be improved.

NAMI Mass will offer four *In Our Own Voice* presentations, in partnership with the Worcester City Manager Ed Augustus, Chief Diversity Officer Dr. Malika Carter, and Commissioner of Health and Human Services Dr. Mattie Castiel.



For More Information Contact:
Dr. Malika Carter, Chief Diversity Officer
455 Main St. Room 109, Worcester
508-799-1040
CarterM@worcsterma.gov



#WORCESTERDIVERSITY

Presentation Time/Place:

Wednesday, September 28, 2016, 1-2:00 pm
Worcester City Hall, 455 Main St
Levi Lincoln Chambers

Friday, October 7, 2016, 8:30-9:30 am
Workforce Central, 340 Main Street, Suite 400

Wednesday, October 19, 2016, 10-11:00 am
25 Meade Street

Tuesday, January 31, 2017, 10-11:00 am
Worcester Senior Center, 128 Providence Street

About the Partnership

The City of Worcester is the second largest city in New England, and NAMI Mass is the state chapter of the National Alliance on Mental Illness (NAMI). NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. The City of Worcester and NAMI Mass have partnered to promote mental health of City employees, to raise awareness and provide essential education, and provide support resources for people in our community living with mental illness.

www.ceos.namimass.org