



***Youth Opportunities CIT Program***  
**June 21<sup>st</sup> – August 18<sup>th</sup>, 2017**

The Recreation Worcester program is a six (6) week summer recreation program located across ten (10) park locations: 1. *Beaver Brook Park* 2. *Burncoat Playground* 3. *East Park* 4. *Grant Square Park* 5. *Greenwood Park* 6. *Indian Hill Park* 7. *Lake Park* 8. *Logan Field* 9. *University Park* and 10. *Vernon Hill Park*.

CIT Overview

- 9 weeks
  - 2 week of training consisting of workshops, meetings and shadowing
  - 7 weeks in CIT role
  - Last day - final celebration.
- Program to be broken down into 3 'periods' during 5 days a week
  - Mondays consists of pre-brief (training, meetings or seminars)
  - Tuesdays, Wednesdays & Thursdays on the field
  - Fridays consists of debrief and group activities

CIT Program Goals

- The goal of the CIT Program is to complete the program having acquired all the necessary skills to become an effective and talented counselor. The CIT program not only benefits Recreation Worcester, but also benefits the youth we serve, our communities, and the young adults who successfully complete the CIT Program.
- The goal of the program is to serve youth who are 14-15 years old, while helping them become leaders in their own communities.

Any questions please contact:

**Vianna Mercedes**  
**Recreation Worcester Coordinator**  
**City of Worcester**  
**128 Providence Street, Office 318**  
**Worcester, MA 01610**  
**(508) 799-1328**  
**[mercedesv@worcesterma.gov](mailto:mercedesv@worcesterma.gov)**

