





## **Ex- Prisoner Cooks Up a New Career**

Nelson, came to the Career Center in order to get help finding a job at the recommendation of his parole officer. Nelson, who had been recently released from prison after 20 years, realized he needed assistance to solidify permanent employment due to his criminal record and prior sentencing. He also needed coaching for interviewing, resume writing, and job search strategies. He worked on these things with his job counselor Anh Antunes, along with others at Workforce Central who assisted in finalizing Nelson's resume for his job search as well as a two-week intensive job search plan. These services helped Nelson secure his first paid job in over 20 years!

Anh Antunes and Wendy Gould, Workforce Central Volunteer Connections Program Coordinator and Resource Room Librarian, along with several members of Workforce Central staff were directly involved with Nelson's successful job search as a Sous-Chef.

If you are interested in learning more about the services available at Workforce Central, Please Contact your local Career Center.

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