

## **SAVES AMBULANCE**

Jerry Schinaman

**The only thing more tragic than a death is a death that could have been prevented.**

After a long delay due to COVID, CPR and AED (Automated External Defibrillator) classes have resumed. Classes are offered on the 3<sup>rd</sup> Saturday of each month. Upon completion of the course, students will receive a completion card from the American Heart Association. First Aid classes are also offered as needed. Techniques for controlling traumatic bleeding are included in the First Aid course. Call SAVES, 315 685-5217, for more information or to sign-up. There is a \$50 fee for these classes.

We are always looking for volunteer members. If you may be interested in volunteering, or you are not sure, stop in and see us. Personnel are always willing to conduct a tour of our facilities and discuss volunteering opportunities.

“Dial 9-1-1 in an emergency.” This is something that we teach our children. We have noticed that some residents have called SAVES directly in emergencies. Although we have crews on-duty 24 hours a day, the large volume of calls and wait times in ER’S means they may not be available when you call. If help is needed, calling 9-1-1 is the only way to ensure a rapid response. We also recommend preparing lists of medications for family members which can be accessed by first responders in an emergency.