

System's Seminar for Rostered Leaders

What Does it Mean to be a Christian Public Leader in such a time as this?
The Rev. Dr. Jules Erickson with The Rev. Tom Olson

In this odd and challenging year that we find ourselves in, we invite you to engage in the process of healthy leadership through a natural family systems lens. Join us this year in life-giving conversation and rich learning through the lens of Bowen-Friedman Systems Theory and the work of Brené Brown (The Daring Way™).

Our first session is Tuesday, September 15 from 1-3pm.
*Please Note: Due to Jules' new gig with Luther Seminary, we have had to move the meeting time to the 3rd Tuesdays of each month.

Register: You must sign up [here](#) in order to get the Zoom link for the session.

Format: 25-minute video by Jules, reflection on the topic with additional resources and case studies.
This class will be on the third Tuesday of the month from 1-3:00pm.

Cost: \$20/session or \$120/whole series (seven sessions)

Pay by check to: Rev. Dr. Jules Erickson
c/o All Saints Lutheran Church
8100 Belden Blvd,
Cottage Grove, MN 55016

Now more than ever, we need to self-differentiate and remember that the only thing we ever have control over is ourselves and our level of reactivity.

Course Outline:

September 15, 2020 Theme: Why System's Theory Saved My Life

October 20, 2020 Theme: Defining Anxiety & the Four Affects

November 17, 2020 Theme: Understanding BRAVING

December 15, 2020 Theme: The Process of Self-Differentiation

January 19, 2021 Theme: Family of Origin & the Genogram: For grief and pre-marital

February 16, 2021 Theme: Emotional Triangles

March 16, 2021 Theme: Societal Regression & Sabotage

April 20, 2021 Theme: The FORCES: OF/UF, T/I, cut-off

May 18, 2021 Theme: Functional Leadership / Tools for Healthy Living