

US Department of State ¹	US Centers for Disease Control & Prevention ²	BKB Travel Advice
Level 4 – Do Not Travel This is the highest advisory level due to greater likelihood of life-threatening risks. During an emergency, the U.S. government may have very limited ability to provide assistance. The Department of State advises that U.S. citizens not travel to the country or to leave as soon as it is safe to do so.	Level 4: COVID-19 Very High Avoid travel to these destinations. If you must travel to these destinations, make sure you are fully vaccinated before travel.	+Group Travel is neither encouraged nor facilitated by BKB-SPAS or BKB-DIRA. +Individual Travel is strongly discouraged for all but the most urgent of matters. +Vaccination Required by the Saint Paul Area Synod. Strict social distancing and masking required.
Level 4 – Do Not Travel This is the highest advisory level due to greater likelihood of life-threatening risks. During an emergency, the U.S. government may have very limited ability to provide assistance. The Department of State advises that U.S. citizens not travel to the country or to leave as soon as it is safe to do so. CURRENT STATUS (10 Feb 2022) Do not travel to Tanzania due to COVID-19.	Level U: COVID-19 Unknown Avoid travel to these destinations. If you must travel to these destinations, make sure you are fully vaccinated before travel. CURRENT STATUS (10 Feb 2022) Avoid travel to Tanzania. Because the current situation in Tanzania is unknown, even fully vaccinated travelers may be at risk for getting and spreading COVID-19 variants. If you must travel to Tanzania, make sure you are fully vaccinated before travel.	<i>If neighboring countries are at Level 3 or lower and BKB-DIRA leaders confirm local conditions are similar, then:</i> + Some Travel Resumes for individuals and groups. Group leaders will be responsible for submitting 'Risk Mitigation & Contingency' plan for review and approval by BKB and Diocese leaders. +Vaccination Required by the Saint Paul Area Synod. Travelers must be prepared to mask, limit interaction, and adapt plans if/as local conditions demand.
Level 3 - Reconsider Travel Avoid travel due to serious risks to safety and security.	Level 3: COVID-19 High Make sure you are fully vaccinated before traveling to these destinations. Unvaccinated travelers should avoid nonessential travel to these destinations.	+ More Travel Resumes for individuals and smaller groups. Visits are encouraged and facilitated by BKB-SPAS & BKB-DIRA for vaccinated travelers. +Vaccination Required by the Saint Paul Area Synod. Travelers must be prepared to mask, limit interaction and adapt plans if/as local conditions demand.
Level 2 - Increased Caution Be aware of heightened risks to safety and security.	Level 2: COVID-19 Moderate Make sure you are fully vaccinated before traveling to these destinations. Unvaccinated travelers who are at increased risk for severe illness from COVID-19 should avoid nonessential travel to these destinations.	+ Travel Returns to pre-pandemic patterns with larger groups and fewer restrictions for vaccinated travelers. + Unvaccinated Travelers with elevated risk factors should consult their doctor. All should consider risks for self and companions.
Level 1 - Normal Precautions This is the lowest advisory level for safety and security risk. There is some risk in any international travel. Conditions in other countries may differ from those in the United States and may change at any time.	Level 1: COVID-19 Low Make sure you are fully vaccinated before travel to these destinations.	+ Travel Remains in pre-pandemic modes with larger groups and no restrictions for most travelers. + Unvaccinated Travelers with elevated risk factors should consult with their doctor and discuss risk.

¹ <https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/>² <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html>

COVID 19 RISK MITIGATION & CONTINGENCY PLANNING GUIDE

To be completed by Individual Travelers or Group Leaders as part of confirming their travel through BKB *if* Tanzania is classified by the CDC as 'Unknown' and neighboring countries (e.g. Kenya, Rwanda, Zambia) are classified as 'Level 3' or lower and BKB-DIRA leaders confirm local conditions are in line with the region.

Action Steps:

- Individual Traveler or Group Leader creates a 'Risk Mitigation & Contingency Plan' outlining their strategy for traveling safely and dealing with unexpected COVID-19 related events.
- Plan is submitted for review by BKB-SPAS & BKB-DIRA by email to begakwabega@spas-elca.org.
 - If approved, the BKB Travel Team will assist with reservations and confirming your trip.
 - If plan needs revision, suggested modifications will be provided.

A Risk Mitigation & Contingency Planning Guide should address and include the following items:

- **Basic Information**
 - Individual/Group Name
 - Number of Travelers
 - Age Range of Travelers
 - Proposed Dates of Travel
 - Tentative plan (e.g. 'Visit Partner Congregation' or 'Check on Well Project')
- **ENTRY/EXIT/TRANSIT REQUIREMENTS**
 - How do you plan to meet the border control requirements for Tanzania, the United States, and (if applicable) the countries you intend to transit through?
 - See US Department of State and CDC websites for current guidance:
 - <https://travel.state.gov/content/travel.html>
 - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel/index.html>
- **RISK MITIGATION**
 - What will you do to reduce the risk of transmitting (spreading or receiving) COVID-19...
 - Prior to travel?
 - During international transit?
 - While using ground transportation?
 - When making room arrangements?
 - When interacting with companions in Iringa – including village visits, etc?
 - Upon returning home?
 - How will you screen for or tend to health concerns that increase risk of severe infection?
- **CONTINGENCY PLANNING**
 - What will you do when one or more travelers tests positive for COVID-19...
 - Prior to departure for Tanzania?
 - Upon arrival at the airport in Dar es Salaam?
 - While in Iringa?
 - Prior to departure for the United States?