

Community Wellness Event

Join Bridgeway Behavioral Health Services and more than 20 community providers for a **FREE** day of wellness, resources, connection and support!

Explore services and tools designed to strengthen your mental, physical and overall well-being, meet local organizations, discover helpful resources and learn more about ways to support yourself and the people you care about.

Come connect, learn and take a positive step toward better health and wellness!



**Mental and physical
health screenings**

**More than 20
community
organizations**

Family-friendly

Free refreshments

**Music and
fun activities**

Valuable resources

For More information call 201-885-2539

No Rain Date - Check Bridgeway's Facebook page for updates