



Two Mental Health Urgent Care Locations, One Commitment to Helping People Feel Better

Bridgeway Behavioral Health Services offers Mental Health Urgent Care in both Union and Hudson counties, providing immediate, compassionate support for people experiencing emotional distress or urgent mental health needs.

Our Mental Health Urgent Care centers are designed to feel calm, welcoming, and safe. Licensed professionals are available to help individuals experiencing anxiety, depression, panic attacks, overwhelming stress, grief, trauma, serious mental illness, or other emotional challenges.

Even if someone simply needs a caring professional to talk to, Bridgeway is here to help.

No referral or insurance is required. Individuals may walk in, call ahead, or schedule a same-day in-person or virtual telehealth visit. Care is inclusive, judgment-free, and available in multiple languages.

Our teams meet each person where they are, provide immediate support, and help determine the next steps that are right for them. When appropriate, staff can also connect individuals with ongoing behavioral health services and community resources.

Bridgeway employees, healthcare providers, first responders, community partners, family members, and friends are encouraged to share this information with anyone who may need support.

Same-day care. No appointment. Just support, right when you need it.

Union County Mental Health Urgent Care

615 North Broad Street
Elizabeth, NJ
(908) 469-6517

Hudson County Mental Health Urgent Care

506 3rd Street
Hoboken, NJ
(201) 885-2539

Visit **bridgewaybhscare.org** to learn more.

Walk in or call today. Your first step toward feeling better, and your bridge to better mental health, starts here.