

In-person
appointments
Union County

Location:

373 Clermont Terrace
Union, NJ

Sussex County

Location:

93 Stickles Pond Rd.
Newton, NJ

When Older Adults
Need Mental Health
and Substance Use
Treatment

*Our job is
to help you
feel well again!*



Counseling for Older Adults



**In-person and
telehealth options**



Call 877-692-5664

Are you an older adult experiencing depression or anxiety, or need help for substance use ... at Bridgeway, we understand your concerns.

Our Outpatient Services for Older Adults are designed to make you feel at ease.

- Telephone and online telehealth sessions if you prefer not to do an in-person visit.
- Rapid access with no red tape.
- All insurances including Medicaid, Medicare accepted. No one is turned away due to lack of insurance.

You may have difficulty due to the loss of a loved one, living with a chronic illness, or feeling a loss of your independence or purpose in your life.

We want to help you feel well again!

How We Help You

- Session-based treatment for substance use and mental health conditions.
- Bridgeway counselors are engaging and effective. They will help with depression, anxiety disorders and other serious mental health conditions.

Your Comfort Is Our Priority

- For your convenience, sessions are available during a range of days and times, including evenings and weekends.
- Sessions are private and secure.
- We will help you address mental health issues that may impact your physical health.

Call: 877-692-5664

Email: outpatientcounseling@bridgewaybhs.org



Please call or email to schedule an appointment. No insurance, we'll work with you