

## **Introducing Bridgeway's New Web Page for Mental Health Urgent Care**

**Same- or next-day support in Elizabeth & Hoboken. Resources now available in English and Spanish.**

Bridgeway Behavioral Health Services has launched [a new web page](#) to make it faster and easier for adults in Hudson and Union counties to access **Mental Health Urgent Care (MHUC)**—our same- or next-day, short-term support for people experiencing stress, anxiety, depression, panic, grief, trauma, or other urgent concerns. Care is offered in person or via telehealth with our licensed clinicians and advanced practice nurses.

### **What's new**

- **A streamlined web page** with direct access to both MHUC locations (Elizabeth and Hoboken)
- **Simple online forms** to ask questions or submit referral information
- **Downloadable brochures** in English and Spanish to share
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### **What you can expect from MHUC**

- Same- or next-day access to care
- Psychiatric evaluations within 48 hours
- Support for co-occurring mental health and substance use concerns

**Who's eligible:** Adults **18+** who live in **Hudson or Union County**.

### **Get started**

Visit **[bridgewaybhscare.org](https://bridgewaybhscare.org)** to connect with a team member, learn more about services, or request an appointment.

### **Brochures to share:**

- [Union County – English](#)
- [Union County – Spanish](#)
- [Hudson County – English](#)
- [Hudson County – Spanish](#)

At Bridgeway, we believe no one should have to wait to feel supported. Explore the new site, download a brochure, and help us spread the word so neighbors can get timely, compassionate care, right when they need it.