

Groceries to Help the Hungry

When you bring food and place it in the shopping cart, it is picked up by our partners on our campus in the beige house — the Everett Family Support Center and Familias Unidas. The food is given to hungry people in our own neighborhood who are in need.

All non-perishable food is welcome, these are the specific needs right now:

Food & Snacks

Granola bars, breakfast bars

Protein bars (low-glycemic for diabetics)

Rice (non-instant) and dried beans (Pinto, etc.)

Beef jerky, dried fruit, crackers, chips, cookies

Mac and cheese, Cup-of-Noodles, Soup Cups

Oatmeal Bowls (single-servings)

Canned food: tuna, chicken, Spam, soups, veggies, fruit, etc.



Additional Needed Items

Diapers (all sizes)

Laundry Soap

Don't forget — be sure to check expiration dates before placing food in the grocery cart!