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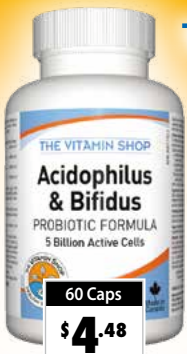
Prices in effect:
Sept. 1-Oct. 1, 2023



THE CanadianVitaminShop.com™, the online division of VITAMIN SHOP® Healthy Solutions Since 1984!

1212 Broad St.
(between Yates St.
and The Bay Centre),
Victoria, BC, V8W 2A5
Phone 250-386-1212

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



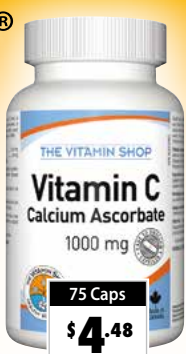
THE VITAMIN SHOP®
ACIDOPHILUS & BIFIDUS
PROBIOTIC FORMULA
5 Billion Active Cells

60 Caps
\$4.48

Item#86634

ACIDOPHILUS & BIFIDUS
5 Billion Active Cells

- to crowd out unwanted bacteria, viruses and yeast
- contains rhamnosus, acidophilus & bifidum to maintain normal intestinal health



THE VITAMIN SHOP
Vitamin C
Calcium Ascorbate
1000 mg

75 Caps
\$4.48

Item#86643

VITAMIN C
Calcium Ascorbate 1000mg

- buffered with calcium to eliminate gastrointestinal discomfort
- take at higher daily doses without side effects
- replenishes calcium excreted in the urine
- calcium allows vitamin C to remain in the cells longer



NATURAL FACTORS
Echinamide ANTI-VIRAL

- clinically-proven Echinamide with well-researched herbs
- helps shorten duration & severity of cold & flu
- for sore, irritated throats
- antifungal & antibacterial

50ml Liquid Item#1318 **\$11.38**

100ml Liquid Item#1319 **\$21.08**

60 Softgels Item#1320 **\$16.58**

120 Softgels Item#1329 **\$31.18**

Send the flu bug packing!





GENUINE HEALTH
OMEGA3

120 Softgels Item#6174

240 Softgels Item#6181

GENUINE HEALTH IS POSSIBLE

- omega-3 fatty acids are integral to health and well being
- omega-3 from wild fish oils provide the best source of EPA and DHA
- strictly tested to ensure purity and safety
- no fishy taste, repeat or odour

\$2 coupon will be applied




Naka Professional
Nattokinase
100 mg - 2000 FUs
Cardiovascular Health

BONUS SIZE 60+15 Vcaps **\$27.98** Item#6131

BONUS SIZE 120+30 Vcaps **\$45.88** Item#6135

NATTOKINASE 100mg 2000FUs
Cardiovascular Health

- nattokinase will help break down blood clots (thrombosis), cleanse arteries, improve varicose veins, blood circulation, nasal inflammation & blood pressure
- from fermented non-GMO soy beans in a highly stable form ensuring optimal activity



SiSU
Ester-C 600mg

240 Vegcaps Item#5652

SISU ESTER-C 600mg

- patented, non-acidic form of Vitamin C
- enters the blood stream two-six times faster than regular vitamin C
- cells retain benefits up to four times longer
- a powerful antioxidant essential for boosting immune function, balancing cholesterol, assisting the absorption of iron & necessary for the maintenance of healthy bones, teeth, gums, skin & blood vessels

\$3 coupon will be applied



PREFERRED NUTRITION
Berberine
500mg

120 Vegcaps Item#5891

180 Vegcaps Item#5892

PREFERRED NUTRITION
BERBERINE 500mg
Helps maintain healthy glucose metabolism & cardiovascular health

- a naturally occurring compound from barberry, goldenseal and Oregon grape
- clinical studies show 500mg of Berberine supports weight management by lowering blood sugar and minimizing the production of insulin, the fat-storing hormone

\$3 coupon will be applied

CanadianVitaminShop.com™

While quantities last.
We reserve the right
to limit quantities.



Free Delivery
Mon-Fri with
minimum \$70 order
within radius.



Shop By Phone
250-386-1252
Fax: 250-386-1299



Toll Free
1-888-386-1211
Fax: 1-877-386-1211



Free Shipping
anywhere in Canada
with minimum \$79 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am-5:30pm • Sunday: 11am-5pm



Click on item number to go to product online.

2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order.



NATURAL FACTORS

VITAMIN K+D K2 120mcg & D3 1000IU

Provides two synergistic major fat-soluble vitamins for bone and vascular health: bioactive and highly bioavailable D3 (cholecalciferol), and menaquinone-7 (MK-7) from natto beans

BONUS SIZE
120+60 Softgels
\$19.78

Item#2173

BONUS SIZE
240+120 Softgels
\$36.48

Item#2170



NATURAL FACTORS

COENZYME Q10 200mg

- ensure you maintain optimal levels of this "spark plug" for all human cells
- CoQ10 exists in all cells in the body, and is mandatory for their health and vitality
- excellent supplement for athletes
- important nutrient for arresting and reversing degenerative diseases

120 Softgels
\$42.88

Item#1333



NATURAL FACTORS

UBIQUINOL Active CoQ10 100mg

- more absorbable than the standard ubiquinone form previously used as a nutritional supplement
- more effective at supporting heart health, increasing energy, providing antioxidant protection & maintaining health as we age

120 Softgels
\$60.98

Item#5748



Chewable

NATURAL FACTORS

DGL Deglycyrrhizinated Licorice Root Extract

- can help relieve ulcers in the stomach and upper intestinal tract
- promotes healthy stomach and intestinal lining rather than inhibiting release of stomach acids (which reduces the ability to properly digest food)
- convenient chewable tablets

180 Chewtabs
\$17.58

Item#1439



NATURAL FACTORS

BETAINE HYDROCHLORIDE 500mg

- important in the breakdown & use of proteins, calcium & iron
- helps break down fibrous meats and vegetables
- deficiency can lead to hyper-acidity, heartburn, pernicious anemia and food allergies

180 Vegcaps
\$13.78

Item#1283



NATURAL FACTORS

L-TRYPTOPHAN 220mg

- free-form amino acid to support muscle repair
- must come from diet or supplementation
- helps build lean muscle mass
- helps maintain a healthy immune system, produce hormones, supply energy and synthesize serotonin & melatonin

90 Vegcaps
\$12.88

Item#4730



NATURAL FACTORS

Echinamide ECHINACEA & Goldenseal Tincture

- a combination of BC-grown echinacea with goldenseal
- to fight a broad spectrum of viruses, bacteria, fungi and yeasts
- patented Echinamide extract has been proven consistently to enhance immune system function
- may stop a cold from developing, ease symptoms and accelerate healing

100ml Liquid
\$21.88

Item#2188



NATURAL FACTORS

Echinamide QUICK-BLAST Get ready for cold season

30 Softchews
\$6.98

Item#2194

- instant relief
- soothe throat and clear sinuses in one bite
- eucalyptus, peppermint, and lemon in a base of honey and super strength Echinamide



NATURAL FACTORS

NAC 1000mg

- a free form amino acid and a powerful antioxidant that is an effective detoxifier and a natural strengthener of the immune system
- supplementing with NAC is a more reliable way to increase glutathione levels than supplementing directly with glutathione, which breaks down in the digestive tract

90 Tabs
\$22.58

Item#2286



NATURAL FACTORS

CALCIUM & MAGNESIUM Citrate with D3

- essential for healthy bones and teeth, especially for women prone to osteoporosis
- highly bio-available: easy to assimilate
- 1:1 combination of calcium & magnesium with vitamin D3, potassium, zinc, & manganese in citrate form
- calcium works better with magnesium

BONUS SIZE
180+30 Tabs
\$17.98

Item#2224



NATURAL FACTORS

LUTEIN 20mg

- an anti-oxidant carotenoid that provides protection from free-radical cells to the eyes, heart, and lungs
- protects the retina by filtering out blue light and providing a thick macular pigment inhibiting macular degeneration and cataracts
- a powerful anti-oxidant

BONUS SIZE
120+30 Softgels
\$24.98

Item#2164



NATURAL FACTORS

Extra Strength RXOMEGA-3 600mg

- highly concentrated form of omega-3 fatty acids
- optimal 2:1 ratio of EPA to DHA
- supports cardiovascular system, brain function & can reduce symptoms of rheumatoid arthritis
- pharmaceutical-grade fish oil extracted from safe, pure sources
- free from lipid peroxides, heavy metals, pesticides, dioxins & PCBs
- no fishy aftertaste

BONUS SIZE
120+30 Softgels
\$21.58

Item#2034

CanadianVitaminShop.com™

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THE VITAMIN SHOP® 3



NATURAL FACTORS

L-TAURINE 1000mg

- a conditionally essential amino acid used to support cardiovascular function
- the most abundant amino acid in the heart and also found in the brain, nervous system and muscles
- Supplementation assists fat metabolism and regulates ion levels
- as a free-form amino acid, L-aurine is more effective than the form in food

120 Vegcaps

\$16.58

Item# 2251



NATURAL FACTORS

REAL EASY with PGX VEGAN Meal Replacement

- to help you feel full longer, normalize blood sugar levels and help reduce cholesterol
- combines PGX with plant-based protein, vitamins, minerals, lecithin, and medium-chain triglycerides
- to help manage cravings and lower cholesterol levels naturally

Powder

Chocolate 855g: #2210

Vanilla 830g: #2209

\$2 coupon will be applied



NATURAL FACTORS

REAL EASY with PGX WHEY Meal Replacement

- supports weight reduction as part of an energy-reduced diet
- reduces appetite to help you feel full longer & manage food cravings
- brings blood sugar to normal levels
- lowers total cholesterol levels
- a healthy and nutritious meal replacement

Powder

Chocolate 940g: #2203

Vanilla 870g: #2204

Strawberry 885g: #2212

\$2 coupon will be applied



WHOLE EARTH & SEA

MULTIVITAMIN & MINERAL

- bioenergetic formula
- over 20 vitamins & minerals, including iron plus enzymes, antioxidants and polyphenols
- highest quality organic ingredients
- sustainably sourced
- no gluten or GMOs

Women
60 Tabs

\$29.98

Item# 1229

Women
120 Tabs

\$57.98

Item# 2327

Women 50+
60 Tabs

\$29.98

Item# 1230

Women 50+
120 Tabs

\$57.98

Item# 2345



WHOLE EARTH & SEA

MULTIVITAMIN & MINERAL 50+

- bioenergetic formula
- over 20 vitamins & minerals, including iron plus enzymes, antioxidants and polyphenols
- highest quality organic ingredients
- sustainably sourced
- no gluten or GM

Men
60 Tabs

\$29.98

Item# 1235

Men
120 Tabs

\$57.98

Item# 2409

Men 50+
60 Tabs

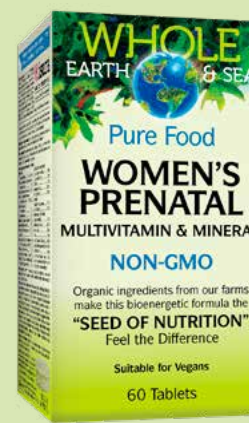
\$29.98

Item# 1238

Men 50+
120 Tabs

\$57.98

Item# 2415



WHOLE EARTH & SEA

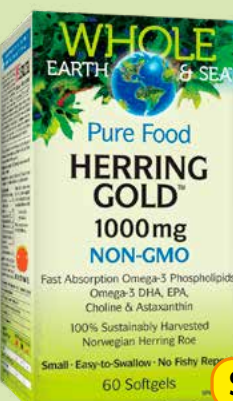
Women's PRENATAL Multivitamin

- whole food-based support for mother and growing baby
- provides essential nutrients to help reduce risk of neural tube defects & prevent iron deficiency anemia
- two easy-to-swallow tablets/day
- non-GMO • 100% vegan

60 Tabs

\$29.98

Item# 1264



WHOLE EARTH & SEA

HERRING GOLD 1000mg

- fast-absorption phospholipids, DHA, EPA, choline & astaxanthin
- sustainably harvested
- supports cognitive and cardiovascular health
- richer in DHA & EPA phospholipids than krill oil
- more easily absorbed
- no fish repeat • non-GMO

60 Softgels

Item# 1247

\$3 coupon will be applied



WHOLE EARTH & SEA

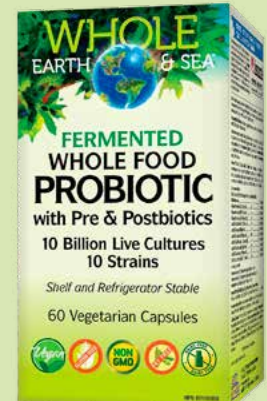
SUPER MUSHROOM Blend

- combines six organic mushrooms, beta glucan and nutrient-dense Farm Fresh Factors to create a bio-energetic immune & energy support
- a source of fungal polysaccharides
- to support resistance to mental and physical fatigue-related to stress

60 Vegcaps

Item# 1277

\$3 coupon will be applied



WHOLE EARTH & SEA

Fermented Whole Food PROBIOTIC

- 10 billion active cells of 10 strains of beneficial bacteria per capsule
- made through natural fermentation with an organic prebiotic blend
- vegan-friendly, one-a-day synergistic formula supports gastrointestinal health and wellness

60 Vegcaps

\$24.98

Item# 1227



NATURAL FACTORS

BIG FRIENDS

Vitamin D3 Gummies 600 IU

- a great-tasting, natural source of the "sunshine vitamin"
- for building strong, healthy bones and teeth
- ideal for children three and up
- natural strawberry flavour
- supports calcium and phosphorus absorption for growing children

DUO PACK

60+60 Gummies

\$9.98

Item# 2085



NATURAL FACTORS

SUNVITAMIN D3

- helps body absorb calcium and phosphorus
- the natural form of D and the most effective at raising blood levels of active vitamin D
- convenient daily dose

1000 iu

DUO PACK

500+500 gels

\$22.98

Item# 2004

2500 iu

DUO PACK

500+500 gels

\$29.98

Item# 2006



NATURAL FACTORS

MAGNESIUM

BISGLYCINATE 200mg

- relieves muscle cramping
- helps muscle function, including the heart
- helps metabolize nutrients
- supports bones and teeth
- easy on the stomach, doesn't cause diarrhea

DUO PACK

250+120 vcaps

\$39.98

Item# 2040

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BIOSIL

- contains the only form of silicon absorbed directly through the stomach wall and gastro-intestinal tract
- silicon is a trace mineral required for healthy connective tissue, bone, skin, hair & nails
- silicon is essential for collagen formation, healthy arteries and helps regulate calcium deposition in bones

DUO-PACK
30ml+30ml
Item#3000

\$2 coupon will be applied



MEDI-C-PLUS

VITAMIN K2+A+D3 Drops

- a convenient combination to maintain immune function, skin, bones, teeth, eyesight & night vision
- can help prevent macular degeneration and eczema
- high dose vitamin A can prevent acne
- vitamin K and D work together to increase bone mineral density

DUO-PACK
30ml+30ml

Item#5566

\$2 coupon will be applied



ULTIMATE

100% High Alpha WHEY ISOLATE

- low-heat, cross flow micro-filtration method filters out all impurities and guarantees a completely bioavailable, high performance functional protein coming from 100% whey isolate (no inexpensive, less bioavailable concentrate)
- helps lower stress hormones, balance moods, reduce cravings, aid in deep restorative sleep and boost energy levels during the day
- ensures your protein needs are met
- sourced from grass fed cows

Unflavoured: #4366
Chocolate: #4367
Tropical Vanilla: #4368

\$4 coupon will be applied



SISU

B CALM with Rhodiola

- B-complex supplementation to help you deal with prolonged stress
- with rhodiola, an adaptogen that helps the body normalize during times of chemical imbalance and provides energy to help cope with physical stressors

120 Vegcaps Item#5712

\$3 coupon will be applied



SISU

Full Spectrum CURCUMIN

- 185 times greater bioavailability
- Patented process reduces particle size of curcumin to create a bio-available liquid that allows curcumin to readily pass into the blood stream and stay in the body for 24 hours

60 Liq Sgels Item#2304

\$3 coupon will be applied



SISU

INTEGRIS Probiotic Support

- unique, patented probiotic: Lactobacillus plantarum (LP299v)
- helps repopulate & rejuvenate the intestinal ecosystem

20 Billion 30 Vegcaps Item#5669
30 Billion 30 Vegcaps Item#5845

\$3 coupon will be applied



SISU

CINNAMAX 150mg Hi-Potency

- supports healthy blood-glucose metabolism & insulin sensitivity
- 150 mg of potent 20:1 extract of cinnamomum cassia per cap – equivalent to 3,000 mg of cinnamon powder and standardized to 12% polyphenols
- two caps daily

120 Vegcaps Item#5565

\$2 coupon will be applied



SISU

CALCIUM & MAGNESIUM with Vitamin D

- a convenient way to complement your diet with these essential minerals plus vitamin D
- can prevent bone loss & improve bone density

1:1 300 Caps Item#5675
2:1 180 Tabs Item#5670

\$2 coupon will be applied



SISU

MAGNESIUM 250mg

- magnesium oxide with magnesium malate
- proven useful in treating fibromyalgia and improving endurance and stamina
- aids the absorption of calcium, osteoporosis, kidney and gall stones & oxygen deficiency to the muscles

200 Vegcaps Item#5677

\$2 coupon will be applied



BACH

RESCUE REMEDY

- a combination of five Bach flower remedies
- internal or external use for humans or animals
- use to address stress, shock, fear, grief or physical pain

Spray 20 ml \$16.88 Item#9157
Drops 20 ml \$16.88 Item#9158
Night Spray 20 ml \$16.88 Item#9400

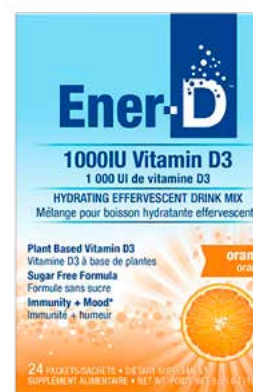


NORDIC NATURALS

Omega-3 DHA for Youngsters!

Everyone needs omega fatty acids—especially young, developing minds. These products provide a full spectrum of omega fatty acids necessary for brain and eye development and maintenance, as well as mood, focus, learning ability, and overall well-being. Taste-tested by kids and teens.

Omega Jr. 90 Softgels \$24.78 Item#5046
Childrens DHA 180 Chews \$33.48 Item#5041
Childrens DHA 237 ml \$38.88 Item#5008



ENER-LIFE ENER-D

- powdered vitamin D drink mix
- 1000iu of plant-based D3 sourced from organic lichen and sprayed with MCT oil for optimum absorption
- with added vitamins & minerals
- sugar-free

24-Pack \$14.38 Orange #3200 Raspberry #3201

CanadianVitaminShop.com™

Click on item number to go to product online.

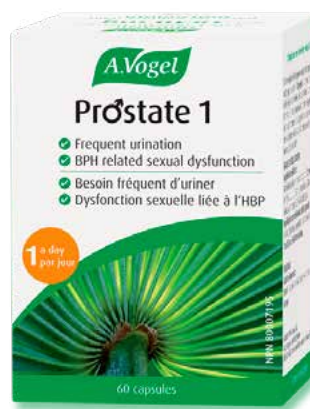
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A. VOGEL
MENOFORCE
(formerly MENOPAUSE)
Natural Remedy

- 100% organic sage
- promotes a good night's rest
- natural, safe and effective
- reduces frequency & severity of hot flashes & sweats
- clinically tested
- gluten and lactose-free

90 Tabs
\$58.98 Item#7310



A. VOGEL
SABALASAN
PROSTATE 1
320mg
Saw Palmetto

Recommended at the first sign of urologic disorders such as urgent need to urinate, difficult & scanty urination, as well as frequent need to urinate, especially at night

60 Caps
\$51.88 Item#7003



ALLIMAX
100% Allicin 180mg

- allicin quickly forms beneficial sulfur compounds that aid health & well-being
- this family is needed in order to get real measurable benefits from a garlic supplement
- ideal for helping treat a multitude of human conditions

180 Vegcaps
\$80.98 Item#2913



CANPREV
ZINC BIS-GLYCINATE 25mg

- helps blood sugar level & thyroid
- may prevent the common cold from multiplying in the upper respiratory system

120 Vegcaps 240 Vegcaps
Item#6383 Item#6393

\$3 coupon will be applied



CANPREV
ROCKET T

- to promote healthy testosterone levels, enhance athletic performance and support muscle growth and sex drive
- with Testofen, a patented form of fenugreek clinically proven to support testosterone production
- plus KSM-66 ashwagandha, vitamins & minerals for resistance to stress and anabolic hormone production

90 Vegcaps Item#7140

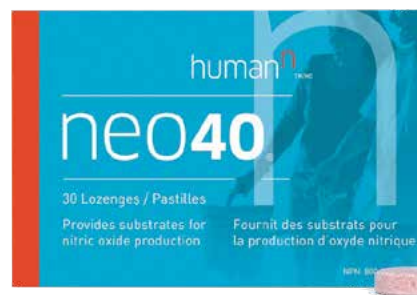
\$3 coupon will be applied



NATURAL BALANCE
SEACAL PLUS

- a plant sourced calcium with vital bone-building minerals such as magnesium, boron, silica & more
- all derived from red mineral algae harvested off the coast of Ireland and Iceland
- enhanced with D3 and K2

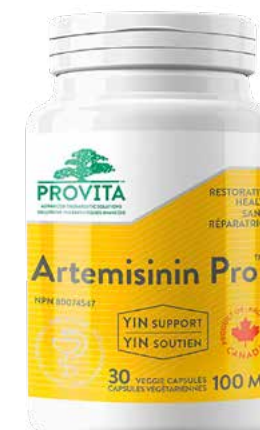
90 Caps
\$24.48 Item#2342



HUMAN
NEO 40

30 Lozenges
\$54.98 Item#2563

- the leading nitric oxide product in Canada
- supports healthy blood pressure, overall arterial health and healthy arterial function
- may help support sexual performance



PROVITA
ARTEMISININ PRO

- artemisia annua is known in western herbal medicine as sweet wormwood or Qing Hao
- to control fever and to boost the immune system
- may help with the common cold and influenza

30 Vegcaps
\$26.88 Item#7798



BELL
#51C SHARK LIVER OIL

- has a high content of 25%-27% AGK (Alkylglycerol) with high squalene and omega-3 fatty acids, which are important to make it work well
- helps inflammation type illnesses like allergies, asthma, arthritis pain (in combination with Bell shark cartilage), inflammation in the arteries, colds, flu

120 Softgels
\$28.78 Item#1975



NAKA
NUTRI PROBIOTIC

- will help relieve digestion symptoms, from bloating & nausea to irritable bowel syndrome or leaky gut
- 16 billion CFU plus a 250mg dose of L-glutamine
- shelf stable

120 Vegcaps
\$42.48 Item#3718



HUBNER
SILICEA Liquid Gel

- provides 2.8g of silicic acid anhydride per 100ml
- quickly and easily absorbed
- for maintenance of skin, hair and nails
- use externally for wrinkles, acne and blemishes
- use internally to replenish collagen and encourage skin elasticity

500 ml
\$31.58 Item#6102



ENEREX
SERRAPEPTASE 120,000 SU

- can reduce inflammation pain due to its ability to block release of pain-inducing amines from inflamed tissues
- breaks down byproducts of fibrin so may help dissolve atherosclerotic plaques without causing harm to the inside of the arteries

180 DR caps Item#5939

\$2 coupon will be applied

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AOR

**ADVANCED B COMPLEX
602mg**

- designed to provide the most advanced forms of B vitamins in the most scientifically discerning ratios available
- helps metabolize carbohydrates, proteins & fats for energy & red blood cell formation

180 Vegcaps Item#7548

\$3 coupon will be applied



NOW

**NIACINAMIDE
(Vitamin B3) 500mg**

- B3 is essential and must be obtained from the diet
- does not cause the "flush" normally associated with niacin
- helps maintain normal functions of skin, nerves and digestive systems
- an effective blood vessel dilator
- can help treat dizziness and ringing in the ears
- can help prevent premenstrual headaches and pellagra

100 Caps
\$11.98
Item#7715

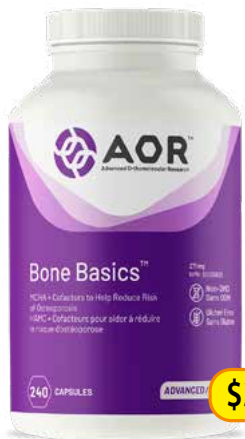


TRUEHOPE

**EMPOWER PLUS
Essential Mineral Power**

- 15 minerals, 14 vitamins, 3 amino acids, 3 antioxidants
- minerals are chelated for greater absorption
- reduces stress, anxiety & depression
- effective for ADHD and traumatic brain injuries

120 Vegcaps
\$54.68
Item#7762



AOR BONE BASICS

- nutrients to support bone health
- with MCHA, which retains the intact microcrystalline structure of whole bone
- derived from New Zealand pasture-fed, free-range livestock not subjected to routine antibiotics or rBGH
- guaranteed free of bovine spongiform encephalopathy

360 Caps Item#7697

\$3 coupon will be applied



NOW

PSYLLIUM HUSK 500mg

A convenient way to add dietary fibre to your diet. It has the ability to swell up to 50 times its initial volume when added to liquid. This bulking action can play an important role in maintaining regularity and gastrointestinal health.

200 Caps
\$13.98
Item#7706

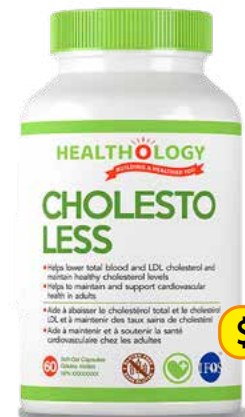


ANDERSON'S

**CONCENTRACE
Trace Mineral Drops**

Full-spectrum ionic and trace minerals necessary for vitality, energy, vitamin assimilation, muscle, bone, joint & internal organ health, enzyme function, emotional balance, peak sports performance, memory & concentration, nerve transformation, pH balancing, and elimination of waste

240 ml
\$18.98
Item#2363



HEALTHOLOGY

CHOLESTO LESS

- to lower total cholesterol and LDL 'bad' cholesterol
- to raise HDL 'good' cholesterol
- also supports overall cardiovascular health with ubiquinol

60 Softgels Item#5071

\$2 coupon will be applied



HEALTHOLOGY

LUNG-FX Formula

- can benefit people with chronic lung disease, asthma or those who smoke
- supports lungs' natural defense systems
- contains expectorant herbs to help you break down & expel mucous
- promotes detoxification of the lungs
- anti-inflammatory and antioxidants to heal & soothe damaged lung tissue

90 Vegcaps
Item#5017

\$2 coupon will be applied



HEALTHOLOGY

GUT-FX Formula

The Ultimate Formula to Heal Inflammation & Restore Our Gut

- provides the building blocks your body needs to repair the lining of the intestinal tract
- reduces inflammation, aids digestion and supports healthy gut flora

180g Powder Item#5018

\$2 coupon will be applied



PRAIRIE NATURALS

**HAIR-FORCE
Vitamin & Mineral Supplement**

- with vitamin E, lecithin & selenium
- improves scalp circulation, maintains full-bodied hair, reduces irritating dry scalp & flaking & maintains hair colour & shine

BONUS SIZE
180+20 Softgels
\$54.48
Item#9452

Check out Prairie Naturals' complete selection of shampoos, conditioners, sprays, gels & more!



PRAIRIE NATURALS

PROST FORCE

- supports prostate health naturally
- a unique blend of herbs including saw palmetto (tonic for the male reproductive system), pygeum (contains phytosterols), lycopene (tomato extract) as well as other well-researched herbs shown to be helpful to the male reproductive system

BONUS SIZE
120+20 Softgels
\$47.88
Item#9493



PRAIRIE NATURALS

**ENZYME FORCE
Promotes Healthy Digestion**

- full spectrum of enzymes to digest protein, carbohydrates, and fats
- FibrZyme for digestion of plant fibre
- non-GMO
- suitable for vegans

BONUS SIZE
120+20 Vegcaps
\$42.48
Item#9466

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SILVER LINING PRE & PROBIOTICS + Digestive Enzymes

- promotes favourable gut flora
- 50+ billion active cells
- high stress, antibiotics, painkillers and poor nutrition can cause harmful intestinal bacteria to take over
- Silver Lining counteracts that – helps you properly digest food, break down and eliminate waste while building up the healthy microorganisms needed to maintain overall health and well-being

120 Vegcaps
\$30.48
Item# 2569



WAKUNAGA KYOLIC Everyday-Support 1000mg Extra-Strength One-a-Day

- supports immune system
- promotes intestinal health
- three times the strength of regular Kyolic
- completely odourless
- no after-taste
- helps reduce cholesterol levels and blood pressure

60 Tabs
\$19.48
Item# 3109



BIOSTEEL HYDRATION MIX Clean, Healthy Hydration

- formulated in the most natural way possible
- drinking too much water without consuming electrolytes can throw off electrolyte balance
- five essential electrolytes including sodium, potassium, chloride, magnesium and calcium.
- no sugar, artificial flavour or colour
- added vitamins & minerals

140g Powder
\$25.48
Lemon Lime: #8060
Mixed Berry: #8061



ALLMAX ESSENTIALS TAURINE

- non-essential amino acid
- can help improve exercise performance & body composition
- similar to glutamine
- during extreme physical exhaustion the body does not produce enough and supplementation is required

400g Powder
\$19.98
Item# 9797



ALLMAX ESSENTIALS ARGININE HCl

- semi-essential amino acid
- natural food sources are peanuts & almonds, but for those looking to enhance athletic performance or increase lean muscle mass, it is difficult to derive the amount required by the body in optimal results from food sources

400g Powder
\$34.48
Item# 9798



PROGRESSIVE Vegessential ALL-IN-ONE

- the benefit of a cupboard full of supplements in a single smoothie
- simple all-in-one formula
- provides unmatched nutritional density convenience

BONUS SIZE
840+168g
\$54.98
Vanilla: #6266



KIDSTAR NUTRIENTS MODUCARE

- take daily to modulate an overactive immune system and strengthen a weakened one
- unique combination of sterols & sterolins in a clinically-proven ratio of 100:1
- suitable for vegetarians and vegans

Regular	Kids
180 Vegcaps	60 Chews
\$53.48	\$25.98

Item# 3939 Item# 3938



NORTH COAST NATURALS Ultimate DAILY GREENS

- Mixed Berry & Citrus Flavour
- complete antioxidants, electrolytes and minerals
 - the chlorophyll of 25 servings of green vegetables, plus probiotics of five yogurts
 - sea greens and phytoplankton
 - soy and gluten-free
 - bee pollen free

270g 540g
Item# 3880 Item# 3881

\$4 coupon will be applied



PVL 100% PURE CREATINE Unflavoured

- helps the body produce the key muscle fuel ATP
- creatine is manufactured in the body from L-arginine, glycine, and L-methionine
- we deplete ATP from hard exercise and become fatigued
- half of stored creatine in the body originates from food (mainly meat)

410g Powder
\$34.78
Item# 4320

15% OFF RenewLife supplements
Great health starts with gut health.



10% OFF Mega Food supplements
Fresh from Farm to Table



10% OFF these NutraSea products
Great Tasting, Ultra-Pure Omega-3



1250 mg
240 Softgels
Item# 2943

1250 mg
500 ml
Item# 2901

2000 mg
60 Softgels
Item# 2961

CanadianVitaminShop.com™

Click on item number to go to product online.

8 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order.

Collagen production often lessens by age 30, leading to visual signs of aging. The hydrolyzed forms of collagen and elastin found in Total Body are easily absorbed by the body to contribute to healthy collagen and elastin production, tissue formation, reduced joint pain and healthy hair, skin and nails, Mix in hot or cold beverages and meals. Sustainably sourced.

natural Factors® \$2-OFF

Product	Weight	Item#
TOTAL BODY COLLAGEN™ Total Meal Replacement	855g Powder	2567
TOTAL BODY COLLAGEN™ 100% COMPLETE AMINO ACIDS	500g Powder	2583 (Unflavoured), 2550 (Orange), 2524 (Pomegranate)
TOTAL BODY MULTI COLLAGEN™ PROTEIN	180 Tabs	2584
TOTAL BODY MULTI COLLAGEN™ PROTEIN	267g Powder	4718
TOTAL BODY MARINE COLLAGEN™	135g Powder	2598
TOTAL BODY MARINE COLLAGEN™	99g Powder	2597

FLORA Organic RED BEET CRYSTALS

- naturally sweet tasting
- instantly soluble
- carefully obtained from the juice of freshly harvested organic beets, pressed within 2-3 hours of harvest
- add to smoothies, soup, muesli and more

200g Crystals Item#4458

\$2 coupon will be applied

CANPREV ELECTROMAG Magnesium Bisglycinate Effervescent Drink Mix

- 150mg of highly-absorbable magnesium and 375mg of vitamin C per serving
- for maintenance of health, wound healing, muscle function & strengthening bones, cartilage, teeth & gums
- Electric Lime flavour sweetened with Xylitol

30 Packets Item#7133

\$3 coupon will be applied

NEW ROOTS ACTIVE FOLIC ACID

- can be assimilated by people lacking the enzyme to utilize regular folic acid
- includes cofactors methylcobalamin and pyridoxal-5-phosphate (P5P)
- helps reduce risk of neural tube defects when taken prior to conception & during early pregnancy

BONUS SIZE 60+21 Vcaps Item#2282

\$2 coupon will be applied

ST. FRANCIS DEEP IMMUNE Astragalus Combo

- to naturally enhance the immune system
- used as a liver restorative to help in malabsorption & rebuild the liver after hepatitis or jaundice
- recognized as anti-viral & anti-allergic

50ml Liquid	100ml Liquid	90 Vegcaps
\$17.88	\$27.38	\$31.28

Item#3771 Item#3984 Item#3986

10% OFF NutriStart products

Combining the Best of Science & Nature

buyBC

NEW ROOTS HERBAL VITAMIN E8 400iu

- has all eight active forms of vitamin E
- four mixed tocopherols and four mixed tocotrienols
- with squalenes for skin health and phytosterols to treat cholesterol
- non-GMO

120 Softgels Item#4037

\$2 coupon will be applied

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