












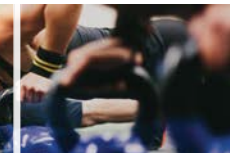


THE WEEKDAY WORKOUT

Free to all Calvo's SelectCare Members!

May 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>5:30pm Aqua Tahitian Sheraton Pool</p>	 <p>5:30pm CrossFit Jumpstart Hagåtña</p> <p>Kids Cardio Boxing (Ages 5 - 12 yrs.) Hagåtña</p> <p>Aqua Fitness Hagåtña Pool</p>	 <p>5:30pm Aqua Tahitian Sheraton Pool</p>	 <p>5:30pm TRX Hagåtña</p> <p>Aqua Fitness Hagåtña Pool</p>	 <p>5:30pm Cardio Boxing Hagåtña</p> <p>5:30pm Tahitian Fit Hagåtña</p>	 <p>8:00am Aqua Fitness Onward Pool</p>
 <p>6:15pm Hybrid Anigua</p>		 <p>12:00pm Steel Fit Tamuning</p>		 <p>4:30pm Build Tamuning</p>	 <p>7:15am Burn Tamuning</p>
		 <p>4:30pm Build Tamuning</p>			
					

No Gym Membership Required!

Classes are on a first come, first served basis.
Must present Calvo's SelectCare identification card.

Classes are subject to change

For more information,
please contact Customer Service

Phone: (671) 477-9808

Email: wellness@calvos.com

CALVO'S
**Select
Care**
HEALTH PLANS