

# 2023 Appalachian Trail Day of Kindness

**Pick a Day this Summer  
Bring 4-5 Volunteers to Sheffield  
Offer hospitality from 10 a.m. to 3 p.m.  
Make Some Magic!**



Begun in 2018 as a shared ministry of two Sheffield churches, First Congregational Church, UCC and Christ Trinity Church (Episcopal and Lutheran), “Trail Magic” is back and we’re inviting you to share it with us.

We have all the supplies, we’ll guide the set up and clean-up, we’ll even bring most of the day’s food. You simply pick a day, bring about 4-5 people and a minimum of a \$100 Big Y gift card, sit in the shade, grill, visit and create a corner of kindness in the world. It continues to be the easiest, most rewarding, least expensive, most volunteer inclusive day of kindness you’ll ever do!

Our 2023 Appalachian Trail Ministry will run from June 19<sup>st</sup> – August 12<sup>th</sup>. Guest group days will occur primarily on Tuesdays, Thursdays, and Saturdays (with some exceptions) during the season.

**For more information, or to register  
please contact Rev. Jill Graham at [grahamj@firstuccsheffield.org](mailto:grahamj@firstuccsheffield.org)**

Some notes from 2022 Thru-hikers:

*We just wanted to send a huge thank you to all who participated in feeding hikers, contributing funds, etc during this 2022 hiking season. The trail is better because of you!*

*Thank you for the trail magic back in August when it was a million degrees and so darn hard to find water. You have no idea how much I appreciated the burgers, snacks, cold water, and conversation you guys provided. People like you make such a difference.*

*Our family ran into your trail magic back in July and were so, so thankful for a nice hot lunch on a grey morning. Thank you once again for providing trail magic to us and all the other hikers. It truly makes a big difference in the mental and physical tolls of the trail and it’s incredibly heartwarming to know that we have love and support from the entire trail community.*