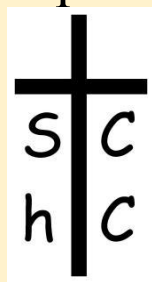


The Society of the Companions of the Holy Cross



CHOOSING A LIFE OF GRATITUDE AND THANKSGIVING

Women are invited to a talk by **Alinda Stanley**, former Companion-in-Charge of the SCHC. We are an Episcopal society dedicated to social justice and peacemaking, intercessory prayer, and simplicity of life.



SATURDAY, NOVEMBER 17

St Philip's Episcopal Church, 128 Main Street, Easthampton, MA

9:30 AM coffee/tea/refreshments

10:00 AM talk

12:00 noon Holy Eucharist

Optional brown-bag lunch

Program:

- ✧ Gratitude and thanksgiving as choices
- ✧ Cultivating the habits of gratitude and thanksgiving
- ✧ Being thankful in the midst of suffering
- ✧ Thanksgiving as central to the Companionship

Questions: Nancy Lowry, SCHC, saunteringdog@gmail.com
or Karen Banta, SCHC, kdbanta@gmail.com/413-548-5076