



[art + spirit]

FALL 2019 @

The Nest

11 Center Street, Northampton

For a complete listing of events
and to register:

www.artandsoulwm.org

The Seeker's Writing Circle...writing to

deepen your spiritual literacy

<http://www.artandsoulwm.org/the-seekers-writing-circle.html>

Bone and Seed: Women* Naming and Claiming Voice...

spiritual discovery through self-opening

<http://www.artandsoulwm.org/bone-and-seed-naming-and-claiming-voice.html>

Curiosity Labs...expanding spiritual imagination

<http://www.artandsoulwm.org/curiosity-labs.html>

Deep Listening to the

Psalms...interfaith inquiry

<http://www.artandsoulwm.org/deep-listening-to-the-psalms.html>

The Alchemy of Grief: Re-Visioning

Loss...shared engagement inspired by the magnificent book The Wild Edge of Sorrow

<http://www.artandsoulwm.org/the-alchemy-of-grief-re-visioning-loss.html>

The Art of Dying Well...fiction inspiring conversation about dying

<http://www.artandsoulwm.org/the-art-of-dying-well.html>

(continued)

Animal Loss Support Group...nurturing support for this particularly painful loss
<http://www.artandsoulwm.org/animal-loss-support-group.html>

Animal Memory Box

Making...remembering and healing
<http://www.artandsoulwm.org/animal-memory-box-making-workshop.html>

Interplay: Restore and Renew with Body and Sound...bolstering embodied resilience for the upcoming election season

<http://www.artandsoulwm.org/interplay-at-the-nest.html>

Individual Spiritual Direction...gentle one on one companionship through the big questions
<http://www.artandsoulwm.org/spiritual-companionship.html>