

COMPLIMENTARY EDUCATIONAL EVENT

FREE CEU!

Poetic Pathways:

Enhancing Connection and Cognition Through Creative Expression in Aging and Dementia

SCAN ME

THURSDAY, AUGUST 28, 2025
5:45 pm–8:00 pm Eastern Time
VIRTUAL EVENT

2 CE CREDITS FOR:
Social Workers | Counselors | Nurses | Case Managers

Additional information about CEs available on the CEU Creations website.

Scan QR code or use link to register: **https://bit.ly/CP082825**

PRESENTED BY:



Sara J. English, PhD, LMSW, CPG
Associate Professor of Social Work at Winthrop University

THIS FREE CE TRAINING IS GENEROUSLY PROVIDED BY:

CARE Patrol™
Your Partner In Senior Care Solutions

CarePatrol of North Indianapolis
Michael J. Lamkin
mlamkin@carepatrol.com
Office: (317) 763-1072
Mobile: (317) 922-5558



For more details



COMPLIMENTARY EDUCATIONAL EVENT

FREE CEU!

Poetic Pathways:

Enhancing Connection and Cognition Through Creative Expression in Aging and Dementia

This 2-hour interactive workshop explores the innovative and therapeutic use of poetry prompts with older adults, including those living with dementia. Facilitated by Sarah English, a seasoned educator and practitioner in creative aging, this session will delve into her research findings, clinical applications, and lived experiences using poetry as a tool to enhance communication, identity, memory, and emotional expression among cognitively impaired and aging individuals.



PRESENTED BY:
Sara J. English, PhD, LMSW, CPG, and Associate Professor of Social Work at Winthrop University

Dr. Sara J. English is an Associate Professor of Social Work and the faculty advisor for the Gerontology Minor Program at Winthrop University. She is a Certified Gerontology Professional (CPG) and AGE-SW fellow, and has presented her research at local, national, and international venues, including at the University of Bath and the University of Iceland, as well as in South Africa and New Zealand. She serves as the NASW-SC representative to the Alzheimer's Advisory Board for the South Carolina Lieutenant Governor's Office on Aging and was recognized by the NASW-SC as the Social Work Educator of the Year for 2022. Dr. English is the faculty representative for Phi Alpha social work honor society and serves as president of Winthrop's chapter of Phi Kappa Phi national honor society.

Dr. English studies the power of non-familial relationships among staff and residents of institutional settings. Dr. English also explores how simple mindfulness practices can enhance mental health and well-being, and was selected as Winthrop University's Thompson Scholar for the academic year 2023-2024, creating a student-focused mindfulness program. She is passionate about utilizing the arts and mindfulness practices to enhance the lives of older persons and those who love them.

2 CREDIT HOURS APPROVED FOR:

Social Workers
ASWB ACE – 2 General CE Credits
New York State Education Dept's State Board for Social Work – 2 Contact Hours

Case Managers
CCMC – 2 Contact Hours

Nurses
California Board of Registered Nursing – 2 Contact Hours

Counselors
NBCC ACEP – 2 Contact Hours
New York State Education Dept's State Board for Mental Health Practitioners – 2 Contact Hours

Long-Term Care Administrators
NAB/NCERS – 2 Participant Hours (Pending)

CARE Patrol™
Your Partner In Senior Care Solutions

ESTD. 2010
CEU CREATIONS™
#NoMoreBoringCEUs