

PRE-REGISTRATION BOOK

62ND ANNUAL TCA PROFESSIONAL GROWTH CONFERENCE

COMMITMENT CONNECTION CHANGE

NOVEMBER 14-17, 2018

www.txca.org/PGC
REGISTER NOW!





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JOIN US IN DALLAS! KEY DATES:

OCT
26
FRI

PRE-REGISTRATION
POST MARK
DEADLINE

OCT
19
FRI

HOTEL
RESERVATION
CUT-OFF

STAY UP-TO-DATE!
www.txca.org/PGC

LIKE AND FOLLOW
TCA ON:



INVITATION FROM THE PRESIDENT



Clear your calendars and book your travel now! The 62nd TCA Annual Professional Growth Conference is coming to the BIG D – aka Dallas – on November 14-17, 2018!

You will not want to miss this event. Professional counselors from across Texas and all work settings vetted the

more than 150 programs to ensure each is relevant to your needs and reflective of the high quality that TCA delivers. Reviewers included representatives from our 12 divisions as well as outstanding leaders in the diverse specialties that make up the field of professional counseling. Each program is grounded in current research, professional ethics, and innovation. All mental health and educational professionals can earn CE hours, so please encourage your colleagues to join you!

One of the perks of being TCA President is picking a theme.

Commitment, Connection, and Change, which I envision as a tree with deep roots, strong limbs, and ever-changing foliage, is the theme for my year. As professional counselors, we encourage others to determine realistic **commitments**, build **connections** (relational, cognitive, emotional) and adopt beneficial **change**. TCA encourages us in similar ways.

I know you invest in the well-being of your clients and students. This year I invite you to make a commitment to yourself and your profession. Your commitment may be to engage in professional learning and to build new connections at this Conference. You may commit to public policy advocacy by contacting your representatives or attending a TCA Advocacy Day this session. You may decide to join a TCA Chapter or Division. Making **commitments** and **connections** with others is essential to effect **change**.

Alex Sheen, our Thursday keynote speaker, is no stranger to commitment. The founder of Because I Said I Would, Alex has been featured on CNN, ABC World News, and the Today Show, to name a few. His nonprofit is dedicated to the betterment of humanity through the making and keeping of promises. It has distributed 9 million promise cards to people in 150 countries. Most recently, his work involves helping schools provide character education and organizing high school chapters committed to helping others through volunteerism.

Connection is the mission of Friday's keynote speakers, Chad Littlefield and Will Wise. They are the creators of We and Me, an organization whose mission is to create meaningful conversations. Working with

companies like Starbucks, Jet Blue Airlines, and Johnson & Johnson, they help teams connect. Their keynote and Will's program on Friday afternoon will both inspire and equip you to strengthen your connections. They have literally written the (pocket) Guide to Facilitating Human Connections.

We've built lots of time into the schedule for you to connect with friends, meet new colleagues and visit our exhibitors. From the Kick-off Celebration to the breakfasts, luncheons and receptions, you will have time to relax and enjoy. Thursday evening brings the Awards Celebration – your chance to meet and honor TCA's outstanding Professional Award winners. The President's Reception and Dance immediately follows where I hope you will join me on the dance floor to celebrate their achievements and let the good times roll. Be sure to download the Conference App to keep current on Conference event schedules.

Outstanding programs, long-lasting friendships and amazing opportunities – **Commitment, Connection, Change** – await you at the 62nd Annual TCA Professional Growth Conference in Big D! I look forward to seeing you there!

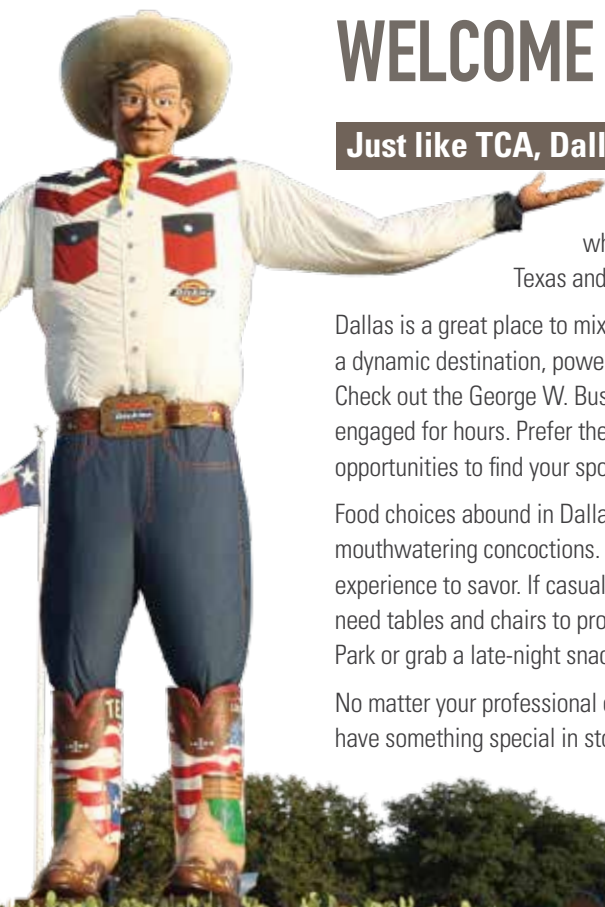



Carrie Proctor,

LPC and Professional School Counselor
2018-2019 TCA PRESIDENT



#TCAPGC18



WELCOME TO DALLAS

Just like TCA, Dallas is a city of superlatives – BIGGER, BETTER, BRIGHTER!

From its diverse neighborhoods with unique dining options, to its rich culture and nightlife, whatever your pleasure, Dallas delivers. Plus, Dallas is no more than an hour flight from most cities in Texas and the Dallas Sheraton is just a quick train trip on the DART!

Dallas is a great place to mix business with pleasure, whatever your interest. Spanning 19 city blocks, the Dallas Arts District is a dynamic destination, powered by the imagination of local and international visual and performing artists. Is history your thing? Check out the George W. Bush Library and Museum. The Perot Museum of Nature and Science will keep both adults and kids engaged for hours. Prefer the outdoors? With more than 350 parks and 160 miles of hiking and biking trails, you'll have plenty of opportunities to find your spot under the Dallas sun.

Food choices abound in Dallas. Thousands of restaurants throughout the city boast intricate menus, one-of-a-kind dishes and mouthwatering concoctions. From gastronomy and farm-to-fork, to soba noodles and wild game, Dallas dining is one unique experience to savor. If casual dining is more your style, the food trucks that line Dallas neighborhoods and parks prove you don't need tables and chairs to produce some of the best bites in town. Grab lunch at one of the trucks that set up at Klyde Warren Park or grab a late-night snack off Greenville Avenue.

No matter your professional or personal interests, the 62nd Annual TCA Professional Growth Conference and the city of Dallas have something special in store for you!

**FIND MORE INFORMATION ON ALL THE GREAT THINGS TO EXPERIENCE
WHILE YOU ARE IN DALLAS AT WWW.VISITDALLAS.COM**



WHY ATTEND?

62ND ANNUAL TCA PROFESSIONAL GROWTH CONFERENCE & MEMBERSHIP MEETING

The 62nd Annual TCA Professional Growth Conference and Membership Meeting is our largest professional development event and draws more than 2,000 professional counselors who work in a diverse array of settings across Texas.

The conference features more than 150 programs, including Learning Institutes (6.5 CE) on Wednesday, November 14, and Post-Conference Workshops (3.5 CE) on Saturday, November 17. More than 50 exhibitors will be available to help you take your practice to the next level.

This conference is intended for professional counselors who work in private practice; at elementary and secondary schools; on college campuses; as counselor educators; in criminal justice settings; at community mental health centers, hospitals, nursing homes and managed care facilities; and in other settings across Texas.

Conference programs are eligible to receive LPC, NBCC, SBEC, LMFT, SW, Psychologist and LSSP continuing education hours.



Explore new ideas and new connections!

TOP THREE REASONS TO ATTEND PGC 2018

1 QUALITY CONTINUING EDUCATION AND KEYNOTES:

Our distinguished keynote presenters will address the power of promises kept, and how to creatively engage clients and colleagues. The 150+ CE programs cover 24 practice topics, each designed specifically for professional counselors. TCA uses a blind-review process to ensure that each program is of the highest quality and directly relevant to the interests of professional counselors.

2 REASONABLE RATES:

Get the best bang for your education dollars! TCA strives to provide exceptional professional development at a low cost. TCA professional members can pre-register for just \$210. Student, new professional and retired members pay just \$145. In-depth Learning Institutes (6.5 CE) and Post-Conference Workshops (3.5 CE) are available for additional, nominal fees. Similar conferences can average \$430. Dallas is easily accessible from all over Texas and we have negotiated very reasonable hotel rates, so you will also save on travel costs!

3 FOOD, EVENTS AND NETWORKING:

Making connections, renewing friendships, exploring exhibitors, and eating great food are all part of a great conference! Enjoy a variety of fun, free events at PGC 2018! Catch-up with colleagues at the Kick-Off Celebration in the exhibit hall. Network at sponsored, practice-specific receptions. Celebrate TCA's Outstanding Professionals at the Awards Ceremony and dance the night away at the President's Reception and Dance. Division luncheons are another great way to connect with other professional counselors with similar interests. Purchase your luncheon ticket when you register.



#TCAPGC18

THANK YOU SPONSORS! (as of August 1, 2018)

PLATINUM SPONSOR

Healthcare Providers Service Organization (HPSO)
hpsocom

For over 25 years, Healthcare Providers Service Organization has been helping safeguard counselors from medical malpractice lawsuits and regulatory board complaints with professional liability insurance.

GOLD SPONSOR

Southern Methodist University
smu.edu/mastercounseling

We offer many specializations including LGBT, Child-Adolescent Counseling, Addictions Counseling and Expressive Arts Therapy. We also offer onsite clinics which are available to the community at low to no cost. Stop by to learn more about our unparalleled counseling program and invaluable community resource.

SILVER SPONSOR

TTU K-12
k12.ttu.edu

Accredited online and print based K-12 curriculum; offering full-time and supplemental courses, as well as bulk testing options.

Advisory Council of Past Presidents (ACOPP) Sponsors

First Timers' Orientation

Wednesday, November 14, 2018

5-6pm

Lonestar Ballroom C4

Make the most of your conference experience!



CONFERENCE OVERVIEW

62ND ANNUAL TCA PROFESSIONAL GROWTH CONFERENCE & MEMBERSHIP MEETING – Dallas, Texas

Watch the TCA website and social media for updates and changes. Once on site, you will receive a conference program book with the most up-to-date information and schedules. Changes during the conference will be announced at the general sessions and posted in the conference app. **ALL INFORMATION IN THIS PRE-REGISTRATION BOOK IS SUBJECT TO CHANGE.**

All events will be held at the Sheraton Dallas Hotel (**SH**) or the Conference Center (**CC**).

	TIME	EVENT	LOCATION
NOV 13 TUE	11 am-6 pm	Exhibitor Move-In & Packet Pick-Up	CC – Lonestar Ballroom Foyer, 2nd Floor
	4-7 pm	Learning Institute Registration	SH – Skybridge Registration Desk
NOV 14 WED	7-8:30 am	Learning Institute Registration	SH – Skybridge Registration Desk
	7 am-2 pm	Exhibitor Move-In & Packet Pick-Up	CC – Lonestar Ballroom Foyer, 2nd Floor
	8 am-4:45pm	Learning Institutes	CC
	2-8 pm	Conference Registration & Exhibit Hall Open	CC – Lonestar Ballroom Foyer, 2nd Floor
	5-6 pm	First Timers' Orientation	CC/SH
	6-9 pm	TCA Division Meetings	CC/SH
	6-8 pm	Conference Kick-Off Celebration	CC – Lonestar Ballroom Foyer, 2nd Floor
NOV 15 THU	7 am-6 pm	Registration Open	CC – Lonestar Ballroom Foyer, 2nd Floor
	7 am-6:30 pm	Exhibit Hall Open	CC – Lonestar Ballroom Foyer, 2nd Floor
	7:30-9 am	Conference Programs	CC/SH
	9:30-11:30 am	General Session (Alex Sheen)	CC – Lonestar Ballroom, 2nd Floor
	Noon-1:30 pm	TCA Division Sponsored Luncheons	CC/SH
	12:30-6:30 pm	Conference Programs	CC/SH
	12:30-1:30 pm	Poster Displays	CC – Lonestar Ballroom A Foyer, 2nd Floor
	2-7 pm	TCA Committee & Division Meetings	CC/SH
	6-7 pm	TCA Division & Sponsored Receptions	CC/SH
	7-8:30 pm	TCA Awards Ceremony	SH – Chaparrel, 38th Floor
	8:45-11 pm	TCA President's Reception & Dance	SH – Chaparrel, 38th Floor
NOV 16 FRI	6:30 am	Wellness Run/Walk	SH – Lobby
	7 am-1 pm	Registration Open	CC – Lonestar Ballroom Foyer, 2nd Floor
	7 am-3 pm	Exhibit Hall Open	CC – Lonestar Ballroom Foyer, 2nd Floor
	7:30-9 am	Conference Programs	CC/SH
	8-9 am	Graduate Student Breakfast	CC/SH
	9:30-11:30 am	General Session (Chad Littlefield & Will Wise)	CC – Lonestar Ballroom, 2nd Floor
	Noon-1:30 pm	TCA Division Sponsored Luncheons	CC/SH
	12:30-6:30 pm	Conference Programs	CC/SH
	12:30-1:30 pm	Poster Displays	CC – Lonestar Ballroom A Foyer, 2nd Floor
	3-6 pm	Exhibitor Move-Out	CC – Lonestar Ballroom Foyer, 2nd Floor
	7-9 am	Post-Conference Workshops Registration Open	SH
NOV 17 SAT	8:30 am-Noon	Post-Conference Workshops	SH

REGISTRATION HOURS

NOV 13 TUE	4 – 7 pm (LI)
NOV 14 WED	7 – 8:30 am (LI) 2-8 pm
NOV 15 THU	7 am – 6 pm
NOV 16 FRI	7 am – 1 pm
NOV 17 SAT	7 – 9 am (PCW)

EXHIBIT HALL OPEN

NOV 14 WED	2 – 8 pm (LI)
NOV 15 THU	7 – 6:30 pm
NOV 16 FRI	7 am – 3 pm

STAY UP-TO-DATE!
www.txca.org/PGC

LIKE AND FOLLOW
TCA ON:





#TCAPGC18

HOTEL AND TRANSPORTATION INFORMATION



TCA has negotiated discounted hotel rooms at the Sheraton Dallas Hotel for the conference. Making a reservation at this hotel allows the hotel to offer affordable meeting space to TCA, and helps keep future conference registration rates low. Mention "Texas Counseling Association / Professional Growth Conference 2018" when calling to make your reservation.

Sheraton Dallas Hotel (Headquarters)

400 North Olive Street
Dallas, Texas 75201

HOTEL PHONE: (214) 922-8000

HOTEL WEBSITE:
www.SheratonDallasHotel.com

RESERVATIONS: (214) 922-8000

RATES: \$154/night

CUT-OFF DATE FOR RESERVATIONS:

Friday, October 19, 2018

PUBLIC TRANSPORTATION:

Dallas Area Rapid Transit (DART) Light Rail stops adjacent to the hotel (see "Getting Around Dallas").



PARKING: Both self and valet parking are available with in-and-out privileges at the Sheraton.

Self-Parking in Garage

A flat fee of \$12.00/vehicle (day rate or overnight) will be assessed. Parking is based upon availability.

Note: Due to limited ceiling height, oversized vehicles, RV's, toppers and/or trailers will not be permitted to park in the garage.

Valet Parking

Is available, on a first-come, first-served basis, at the following rates:

0-20 minutes: Free	4-8 hours: \$28.00
20 mins – 4 hours: \$23.00	8+ hours: \$31.00

Wondering what to do while in Dallas? Visit www.VisitDallas.com for more information. BIG things happen here!



Join TCA Today for Exclusive Member Benefits!

The Texas Counseling Association is the nation's largest state association for professional counselors.

Your membership gives you access to these exclusive member benefits:

Discounts on TCA conferences, CE programs and on-line courses

State and Federal advocacy to protect and defend the counseling profession

Professional listing in TCA's on-line Referral Database and Speakers' Bureau

Subscription to the *Journal of Professional Counseling: Practice, Theory, & Research*

Counseling resource publications including the monthly Membership eUpdate and weekly Newsline

\$500 Educational Endowment Fund Grants for research, graduate studies, or professional development

LegalCare: Unlimited phone consultations with an attorney for personal or professional issues

Access to TCA Job Bank postings

TCA helps you take your career to the next level!

www.txca.org



GETTING AROUND DALLAS

AIRPORT

Dallas/Fort Worth Airport (DFW)

Dallas Area Rapid Transit (DART) Light Rail - Orange Line
www.dfwairport.com/PublicTransit

COST: \$2.50/two-hour pass; \$5.00/day pass

Passes can be purchased at DFW Airport Station kiosks or with the GoPass app (*available for iPhone and Android Smart Phones only*).

ACCESS: 4:00am to 1:00am; 7-days a week. First train arrives at 3:00am and departs at 4:00am.

ARRIVING PASSENGERS: Exit your terminal and proceed to lower level A10. If you arrived at Terminal B, C, D or E, ride the Terminal Link Shuttle to Terminal A and proceed to the DFW Airport Station.

DEPARTING PASSENGERS: From DFW Airport Station follow signs to Terminal A departures. For departing gates other than A, ride the Terminal Link Shuttle to Terminal B, C, D or E.

Dallas Love Field Airport (DAL)

DART's Love Link 524 connects to the DART Green Line and Orange Line. Both lines provided direct access to DFW and Downtown Dallas

COST: \$2.50/two-hour pass; \$5.00/day pass

Passes can be purchased at DAL Airport Station kiosks or with the GoPass app (*available for iPhone and Android Smart Phones only*).

ACCESS: 5:00 am to 1:00 am, weekdays and 4:20 am to 12:40 am on weekends



PUBLIC TRANSPORTATION

Dallas offers various means of getting around. The most popular ones are listed below.

More information on all can be found at www.dart.org

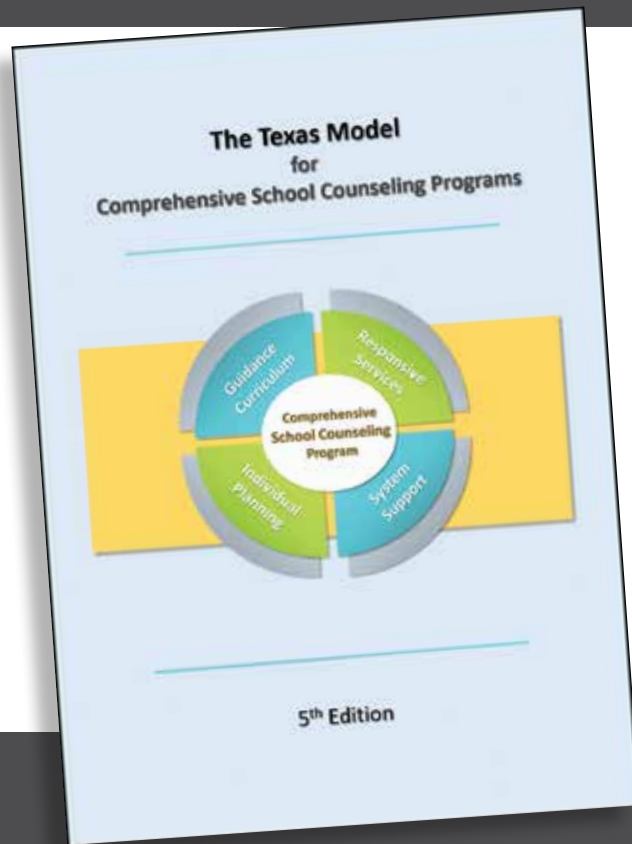
D-Link Buses - These free buses run every 15 minutes, 11am – 11:30pm, Monday – Saturday. D-Link is a convenient way to explore the city and experience arts, culture and dining of Dallas.

M-Line Trolley - The historic M-line Trolley travels up and down McKinney Avenue, connecting to the west entrance of Cityplace/Uptown Station. The trolley is free to the public and makes stops at DART Rail stations.

DART Light Rail System - offering convenient transport throughout the downtown and greater Dallas areas, with the closest DART stop just across the street from the hotel at Bryan and Pearl streets. DART operates 24 hours/day and a daily pass is \$5 USD.

Car Services - Uber and Lyft operate at both airports and in the Dallas area.

The Texas Model for Comprehensive School Counseling Programs, 5th Edition



The *Texas Model* outlines a process for tailoring school counseling programs to meet the varying needs of students in school districts across Texas.

With new organization, competencies, domains, strategies and tools, the 5th Edition of the *Texas Model for Comprehensive School Counseling Programs* has been updated to reflect best practices and statutory requirements for school counseling programs.

Whether you are a new or seasoned school counselor, a director of guidance, a campus administrator, or a counselor educator, this publication will help you implement the new domains and competencies for students' success across all grade levels as well as identify ways to appropriately engage parents, administrators, teachers and your local community to support your school counseling program.

ORDER ON LINE AT: txca.org/TexasModel

TCA 2018 EMPTY PLATE RECIPIENT: Donate on Page 15



THE ART STATION
Healing Through Art

Celebrating 14 Years of Art Therapy: Helping People Heal and Grow

The Art Station is the only community-based nonprofit in Tarrant County and one of only a dozen in the country dedicated to providing art therapy to area residents.

Our therapists are mental health professionals with specialized training and licensing in art therapy. The sensory-based, action-oriented qualities of art therapy can make breakthroughs with a variety of clients.

To learn more, visit our website:

www.theartstation.org

1616 PARK PLACE AVENUE, FORT WORTH, TX 76110

KEYNOTE SPEAKERS

ALEX SHEEN

BECAUSE I SAID I WOULD

Alex Sheen is the founder of *because I said I would*, a social movement and nonprofit dedicated to bettering humanity through promises made and kept. Sparked by the loss of his father, Alex and his organization send “promise cards” to anyone anywhere in the world at no cost. Alex is someone who truly honors commitment. He once walked over 240 miles across the entire state of Ohio in 10 days to fulfill a promise. Since his father’s passing on September 4, 2012, *because I said I would* has sent over 4.47 million promise cards to over 150 countries. The promises written on these cards have made headlines around the world. Alex’s charitable projects and awareness campaigns have been featured on ABC World News with Diane Sawyer, CBS Nightly News, Fox News, CNN, The Today Show, Good Morning America, NPR, *The Los Angeles Times*, and many other programs. He has also been featured on the cover of *Spirit Magazine*, honored as a Steve Harvey “Harvey’s Hero” and was the closing TED speaker at TEDxUtica and TEDxYouth@Austin. Alex’s efforts in social media were featured in BuzzFeed’s “Most Important Viral Videos of 2013” and have made the #1 spot on the front page of Reddit.com over 10 times.



Alex Sheen

CHAD LITTLEFIELD & WILL WISE

ASK POWERFUL QUESTIONS: CREATE CONVERSATIONS THAT MATTER

Ready for some fresh tools to connect? Chad Littlefield and Will Wise, TEDx speakers and best-selling authors, present a compelling and thoughtful perspective on how to creatively connect and engage both your clients and coworkers. We’ll get a chance to have an experience with their We! Connect Cards which are being used by counselors and organizations in 50+ countries to spark genuine connection. The session will highlight fresh tools on how to create relationships of trust and ask more powerful questions from their #1 Amazon Bestselling book: *Ask Powerful Questions: Create Conversations that Matter*. Chad and Will’s style is lively, highly interactive, and rooted in both research and stories of their practical experiences working with clients. You will walk away from this session with concrete, actionable tools to infuse into your own practice.



Chad Littlefield and Will Wise

GENERAL INFORMATION

3 | EASY WAYS TO REGISTER!

1 ONLINE: Visit www.txca.org/pgc
We accept American Express, Visa, Discover, and Mastercard.

PRE-REGISTRATION PAYMENT

Payment in full is required to process registration. The pre-registration deadline is October 26, 2018. Mailed registration forms **MUST** be postmarked by October 26, 2018 to avoid late fees. Late fees are payable at on-site registration. Purchase orders and faxed registrations are not accepted.

CONFIRMATIONS

Confirmations are sent to the email listed on your registration form. Check your confirmation to ensure that there are no errors. Mailed registration forms will receive a confirmation within 20 business days of receipt. On-line registrations will receive confirmation within 72 hours.

REGISTRATION FEE INCLUDES

Your registration fee includes admittance to conference programs on November 15-16, Kick-Off Reception in the exhibit hall on November 14, two general sessions, poster sessions, the Awards Ceremony, and the President's Reception and Dance.

Additional fees are required for Learning Institutes (November 14), Post-Conference Workshops (November 17), Division luncheons, Graduate Student breakfast, and conference t-shirts.

MEMBERSHIP

If you are not yet a member of TCA, please pay the non-member rate which includes a one-year TCA membership in addition to your conference registration. For information on becoming a member, please visit our Web site, www.txca.org/join, or email membership@txca.org.

LEARNING INSTITUTES *(\$100 additional fee required)*

Learning Institutes will be held on Wednesday, November 14, 2018 from 8:30 am-4:45 pm and provide 6.5 CE hours. Tickets for Learning Institutes may be purchased in advance with your pre-registration, or on-site. Conference registration is not required to attend a Learning Institute. Seating is limited.

POST-CONFERENCE WORKSHOPS *(\$75 additional fee required)*

Post-Conference Workshops will be held on Saturday, November 17, 2018, from 8:30 am-Noon. Tickets for Post-Conference Workshops may be purchased in advance with your pre-registration or on-site. Conference registration is not required to attend a Post-Conference workshop. Seating is limited.

MEAL FUNCTIONS

Meal function tickets must be purchased in advance with pre-registration and are non-refundable. All pre-purchased tickets will be included in your registration packet.

T-SHIRTS

Conference t-shirts must be purchased in advance with pre-registration and are non-refundable. T-shirts may be available for purchase on site, but it is best to pre-order to guarantee availability.

PGC 2018 T-SHIRTS

\$15 EACH AVAILABLE IN
SIZES: S-XXXL

Pre-purchased t-shirts not picked up by noon on Friday, November 16, 2018 will be available for sale.



IF YOU WAIT AND REGISTER ON SITE

On-site registration rates will apply.

- Pre-registration forms will not be accepted for on-site registration. On-site registration forms will be available at or near the registration area in the exhibit hall.
- You may pay on-site by cash, check, money order, or major credit card.
- Purchase orders are NOT acceptable forms of payment.
- Students must provide proof of current enrollment in a counseling related program.

ON-SITE REGISTRATION RATES

Save money by pre-registering! If, however, you plan to register on site, the following rates will apply:

- Learning Institute: \$100
- Post-Conference Workshop: \$75
- Professional/Affiliate Member Registration: \$260
- Student Member Registration: \$195
- Retired/Emeritus Member Registration: \$195
- New Professional Member Registration: \$195
- Single Day (TCA Members Only): \$175
- *Professional Non-Member Registration: \$445
- *Student Non-Member Registration: \$300
- *Retired Non-Member Registration: \$300
- *New Professional Non-Member Registration: \$300

*Non-member registration rates includes a 12-month membership in TCA.

PLEASE NOTE: Every attempt was made to ensure complete and accurate information. Given the volume of detailed information, omissions or errors are possible. Thank you for your patience and consideration.

2 MAIL: Complete the enclosed registration form and mail with your payment to the address listed on the form.

3 PHONE: Call the TCA office at **800-580-8144** or **512-472-3403**.

REFUND/SUBSTITUTION POLICY

Refund requests **MUST** be submitted in writing to **www.txca.org/refund** by **October 26, 2018**. Requests after this date will not be processed. Refunds are subject to a \$50 administrative fee and will be processed 6-8 weeks after the conference has concluded. Meal function tickets and t-shirt purchases are non-refundable. Substitutions are permitted and must be submitted to **patricio@txca.org** by October 26, 2018.

STAY INFORMED!

The on-site conference program book will have the most current information as of the printing date. Once the conference begins, changes, updates, and cancellations will be announced at each General Session and/or posted in the conference app.

CONTINUING EDUCATION HOURS (CE)

All Learning Institutes, Post-Conference Workshops and conference programs, as well as the General Sessions are eligible to receive LPC, LMFT, NBCC, SBEC, Social Worker and Psychologist/LSSP continuing education hours. Ethics are offered on specific programs marked as "Ethics." Supervision hours are offered on specific programs marked as "Counselor Supervision." **It is your responsibility to track and initial your credit earned at each session you attend by using the "Continuing Education Record" in the on-site conference program book.**

All attendees must sign in to each session within 15 minutes of the program start time and remain through the entirety of the program to receive full credit for the session. Partial credit will not be granted.

ADA COMPLIANCE

We make every effort to accommodate all persons. If you need assistance, email Cody Matkin, **cody@txca.org** by **October 1, 2018**, with specific requests.

TCA AND DIVISION ELECTIONS

You can vote at designated areas in the exhibit hall. TCA and Division nominations run from August 20-September 18. Elections will open on October 16 and run through 2 pm on Thursday, November 15. TCA results will be announced during the Annual Membership Meeting at the General Session on Friday, November 16.

NAME BADGES

All badges must be visible to security and conference personnel for admission to all conference programs, ticketed events, and the exhibit hall. For your safety, no one will be allowed to enter **without** a proper badge. **One-day badges are clearly marked and will be valid for admission on that day only.**

ADVERTISEMENTS

Any reference to a product, service, activity or website in the 62nd Annual TCA Professional Growth Conference materials does not imply endorsement by the Texas Counseling Association. These are advertisements only.

PHOTOGRAPHY

Registration and participation in the conference, sessions, meetings, or other conference-related activities constitutes an agreement by you for TCA to use and distribute (both now and in the future) your image or voice in photographs, video, electronic reproductions, and audio of such events and activities.

ON-SITE REGISTRATION AND PACKET PICK UP

Attendees are required to register and pick up their name badge and materials before they may attend any conference events.

REGISTRATION HOURS

TUE, NOV 14	4-7 p.m. (Learning Institutes only)
WED, NOV 14	7-8:30 a.m. (Learning Institutes only) 2-8 p.m. (General registration opens)
THUR, NOV 15	7 a.m.-6 p.m.
FRI, NOV 16	7 a.m.-1 p.m.
SAT, NOV 17	7-9 a.m. (Post-Conference Workshops only)

EXHIBITORS AND SPONSORS

Exhibitors and sponsors allow us to keep our registration prices low! Please make time in your schedule to visit with them.

EXHIBIT HALL HOURS

WED, NOV 14	2-8 p.m.
THUR, NOV 15	7 a.m.-6:30 p.m.
FRI, NOV 16	7 a.m.-3 p.m.

VOLUNTEERS/FACILITATORS

Volunteers and program facilitators make our conferences a success! Watch your email, **www.txca.org**, and social media for more information on volunteering at the conference or facilitating a program. Volunteers can opt to assist with packet stuffing, registration, on-site support, or facilitate a program. Graduate students who volunteer for three or more hours at the conference will receive a \$25 Visa gift card.

LEARNING INSTITUTES

WED

NOV 14
2018

6.5 CE

8:30 a.m.- 4:45 p.m. – Additional fee: \$100

Take your CE to the next level by attending one of the pre-conference Learning Institutes. These in-depth programs offer 6.5 CE hours and are available for an additional fee of \$100. Conference registration is not required to register for a Learning Institute.

A Diagnosing Along the Spectrum: Assessment of Autistic Spectrum Disorder

TOPICS: Assessment & Testing;
Ethics & Legal Issues

PRESENTERS: Jeffrey Gallup

Diagnosing Autism Spectrum Disorder is a complex task; where skill and accuracy matters. CDC studies have identified 1 in 68 children as having autism spectrum disorder (ASD). As professional counselors, we have a statutory and ethical obligation to get it right. An ASD diagnosis can have an enormous impact on academics, disability, legal concerns, medication management and how you provide care and treatment. We will learn about assessment tools, neurology, treatment options, and legal concerns.

B Integrative Interventions for Brief/Time-Limited Counseling

TOPICS: Community & Clinical Counseling;
Counselor Education

PRESENTERS: Richard Watts

Most counselors work in settings that require them to be brief or time-limited in their counseling practice. Consequently, they seek effective methods for assisting clients in achieving rapid and lasting behavioral change. This workshop is designed to provide attendees with (a) advanced information regarding techniques from cognitive, humanistic, and behavioral approaches that are particularly useful for brief/time-limited counseling, and (b) advanced understanding of where and how these proceed.

C Psychopharmacology for Counselors: The Neuropsychology, Adults, and Children

TOPICS: Community & Clinical Counseling;
Professional Issues

PRESENTERS: Richard Henriksen Dusanka Armstrong
Krystin Porter

This session includes a discussion of neuropsychology with an emphasis on psychopharmacological interactions with neurotransmitters and how medication affects clients in counseling. Training will focus on understanding the primary medications prescribed to adults, adolescents, and children, prescription issues, and how those medications affect thoughts, feelings, and behaviors. Attendees will also learn about medication toxicity, side effects, abuse, and consultation and appropriate referrals.

D Play Therapy with Military Families: Understanding Culture, Lifestyle and Resiliency

TOPICS: Child & Adolescent Counseling;
Play Therapy

PRESENTERS: Lisa Remy

This seminar will provide an overview of the lifestyle and cultural aspects of counseling military populations discussing common presenting issues (e.g., deployments, moving). Play-based interventions for use with children and families will be discussed and experienced.

E Putting on the Brakes-Helping Children of ALL Ages Develop Self-Regulation Skills

TOPICS: Child & Adolescent Counseling

PRESENTERS: Betty White

The focus on behavior management for children often focuses on interventions that occur AFTER a problem. What if there were a way to prevent problem behaviors BEFORE they started? Self-regulatory skills have been proven to be a better measure of success than intellectual capability. Helping children develop the ability to manage and regulate emotions and behaviors is a pathway to better grades, more satisfied students, parents, and teachers, and SUCCESS in school and in life!

F TCCA Presents: Expanding Resources for College Counselors: A Four-Part Approach

TOPICS: College Counseling

PRESENTERS: Brandon Awbrey Brenda Faulkner
Jill Willis Caris Thetford
Morgan Tuck

College counselors at universities and community colleges work not only with diverse student populations; they must also effectively engage faculty and administrators. This four-part program includes: 1) a discussion-oriented ethical case study review including Title IX, The Cleary, HIPPA, FERPA, ADA, and counseling ethics; 2) implementing academic training facilities within counseling services, including program evaluation, accreditation, policies, student supervision, and feedback from graduate interns; 3) strategies to create effective relationships across campus functions, including the Dean of Students, Judicial Affairs, Greek Life, Housing, Academic Affairs; and 4) tools to maintain motivation, methods to sustain student engagement, and solutions to the unique challenges college counselors face each day.

POST-CONFERENCE WORKSHOPS

SAT
NOV 17
2018
3.5 CE

8:30 a.m.- Noon – *Additional fee: \$75*

Top off your conference experience by attending one of the Post-Conference Workshops on Saturday, November 17. These in-depth programs offer 3.5 CE hours and are available for an additional fee of \$75. Conference registration is not required to register for a Post-Conference Workshop.

G It's Not What You're Eating-It's What's Eating You: Healing Your Relationship with Food from the Inside-Out

TOPICS: Spirituality & Wellness;
Lifespan Development

PRESENTERS: Betty White

Food is fuel, right? However, it becomes so much more. As we grow up and interact with others, food becomes so much more. Food can come to represent celebration, reward, relationship, cultural identity, comfort, and even punishment. Food and body-image become intertwined, and judgements are often attached to food and eating. Take time for yourself and begin to heal your relationship with your body and food by attending this experiential session. You deserve wellness from the inside out.

I Working with the Impaired Professional: Public Safety, Malingering, and Assessment

TOPICS: Assessment & Testing;
Ethics & Legal Issues

PRESENTERS: Jeffrey Gallup Linette Tovar

Working with professionals such as CEOs, medical professionals, or attorneys can be especially tricky, they have a lot to lose, and many will underreport or intentionally mislead a counselor to avoid losing a career. This workshop will help you use state-of-the-art research for detecting intentional distortions in a wide range of evaluation contexts, including forensic settings, while using evidence-based mental health measures.

H TAADA Presents: Ethics Across the Lifespan

TOPICS: Lifespan Development;
Ethics & Legal Issues;
Community & Clinical Counseling

PRESENTERS: B.J. Barksdale Bret Hendricks

In an era where ethics and legal issues abound, this presentation will focus on ethical issues across the lifespan. The presenters will focus on issues that are typically encountered by school counselors and mental health counselors. Such topics as informed consent, confidentiality, and issues involving minors, as well as middle age and older adults will be covered. Case studies will be referenced, and handouts provided.

Connect in person and
virtually through the
TCA Conference App.



TICKETED EVENTS & MEAL FUNCTIONS

ENJOY A MEAL AND NETWORK WITH COLLEAGUES. Meal functions will be held on Thursday, November 15 and Friday, November 17. Tickets must be purchased in advance with your pre-registration and are non-refundable. All pre-purchased tickets will be included in your on-site registration packet.

NOV
15
THU

TEXAS ASSOCIATION FOR MULTICULTURAL COUNSELING AND DEVELOPMENT (TexAMCD) LUNCHEON

Noon-1:30 pm | \$40.00

Join us for a tasty lunch, awards, division updates, and door prizes.

TEXAS MENTAL HEALTH COUNSELORS ASSOCIATION (TMHCA) LUNCHEON

Noon-1:30 pm | \$40.00

You will be able to earn one CE credit from a dynamic speaker while enjoying time with colleagues and friends.

TXCSJ/TALGBTIC BREAKFAST

7:00 am-8:30 am | \$20.00

Connect and discover new ways to network with Texas Counselors for Social Justice and Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling. Join us for a continental breakfast, division updates and a chance to win door prizes!



NOV
16
FRI

GRADUATE STUDENT BREAKFAST (HOSTED BY THE TCA GRADUATE STUDENT COMMITTEE)

8-9 am | \$15.00

Join us for a lively meeting and continental breakfast. All graduate students, committee, and faculty members are welcome. Door prizes will be awarded.

TEXAS COLLEGE COUNSELING ASSOCIATION (TCCA) LUNCHEON

Noon-1:30 pm - \$40.00

Join us for the TCCA luncheon and Annual Meeting. TCCA Hot Topics will follow the luncheon at 2 pm.



TEXAS ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION (TACES) LUNCHEON

Noon-1:30 pm - \$40.00

During this luncheon, we will conduct TACES business, present scholarships and grants, network with peers, and give away door prizes





62ND ANNUAL TCA PROFESSIONAL GROWTH CONFERENCE

COMMITMENT | CONNECTION | CHANGE

NOV 14-17, 2018 DALLAS, TEXAS

TEXAS COUNSELING ASSOCIATION | 512-472-3403 | www.txca.org

Last Name _____ First Name _____ Badge Name (if different) _____

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City _____ State _____ Zip _____ County _____

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PRE-REGISTRATION: TCA Member

- ☐ Professional \$210 \$ _____
- ☐ Retired \$145 \$ _____
- ☐ Student \$145 \$ _____
- ☐ New Professional* \$145 \$ _____
- ☐ Single Day Thurs _____ Fri _____ \$125 \$ _____

**Individuals who have graduated with a masters or doctorate degree in the area of human development in the past 12 months. This membership status is renewable one time for two years or until completion of internship or associate supervision requirements.*

PRE-REGISTRATION: Non-Member

(Includes a one-year TCA membership)

- ☐ Non-Member Professional \$395 \$ _____
- ☐ Non-Member Retired \$250 \$ _____
- ☐ Non-Member Student \$250 \$ _____
- ☐ Non-Member New Professional* \$250 \$ _____

ONLINE LIVE STREAMING:

- ☐ Course descriptions coming soon \$200 \$ _____

LEARNING INSTITUTES/ POST CONFERENCE WORKSHOPS

- ☐ Learning Institute \$100 \$ _____

(Wed 11/14 – 8:30 a.m.-4:45 p.m.)

Program Choice: **A-G** _____

- ☐ Post-Conference Workshop \$75 \$ _____

(Sat 11/17 – 8:30 a.m.-Noon)

Program Choice: **H-J** _____

TICKETED EVENTS

- ☐ TexAMCD Lunch/Program (Thur 11/15) \$40 \$ _____
- ☐ TMHCA Lunch/Program (Thur 11/15) \$40 \$ _____
- ☐ TxCSJ/TALGBTIC Breakfast (Thur 11/15) \$20 \$ _____
- ☐ TACES Lunch (Fri 11/16) \$40 \$ _____
- ☐ TCCA Lunch/Program (Fri 11/16) \$40 \$ _____
- ☐ Graduate Student Breakfast (Fri 11/16) \$15 \$ _____
- ☐ Conference T-Shirt (S-3XL) Size: _____ \$15 \$ _____
- ☐ Empty Plate Collection: "The Art Station" \$ _____

Pursuant to ADA, do you require specific aids or services?

The cut-off date for pre-registration is 10/26/18. After this date, you are required to register on site. Please do not mail pre-registration payments to TCA after 10/26/2018.

If payment is postmarked after 10/26/18, you will be required to pay the full on-site registration rate. Any duplicate payments will be refunded 6-8 weeks after the conference, and a \$50 processing fee will be deducted from the refund..

You will receive an emailed confirmation. Refund requests must be made on line at www.txca.org/refund on or before October 26, 2018. Refund requests received after this date will not be considered. No phone or email cancellations are accepted. Please allow 6-8 weeks after the conference concludes for processing. A \$50 processing fee will be deducted from all refunds. Ticketed events, luncheons, and t-shirt tickets are non-refundable.

Can't make it to the conference? Register for our Live-Stream of the conference. Details on accessing the stream will be sent prior to the event.

TOTAL PAYMENT: _____

Payment Method: PURCHASE ORDERS ARE NOT ACCEPTED.

- ☐ Check payable to TCA: Check # _____

Mail registration form and payment, postmarked no later than 10/26/2018, to:

TCA

PO Box 2566

San Antonio, TX 78299-2566

- ☐ Credit Card: (Visa, MasterCard, American Express, Discover)

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Note: _____

Visit the **HPSO** booth to learn more and enter to win an Amazon gift card!



That's the average cost to *defend* against a malpractice suit (\$46,900) **plus** the average cost of settlement payment (\$129,900) in case the claim is settled against you.*

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*Understanding Counselor Liability Risk, NSO and CNA, March 2014.

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FREE EVENT

C O N F E R E N C E

Kick-Off Celebration!

WEDNESDAY, NOVEMBER 14, 2018

EXHIBIT HALL, DALLAS SHERATON CONVENTION CENTER - LONESTAR BALLROOM FOYER - 2ND FLOOR
6-8 pm

- Attire is Casual
- Network with Colleagues
- Visit Our Exhibitors and Sponsors
- Enjoy Complimentary Refreshments
- Pick Up Your Conference Materials



2018 TCA Awards Ceremony & President's Reception

THURSDAY, NOVEMBER 15, 2018

SHERATON DALLAS HOTEL – CHAPARREL ROOM

6-11 pm

Celebrate

THE WORK OF OUTSTANDING
PROFESSIONAL COUNSELORS IN TEXAS!

This free event includes complimentary
refreshments and a cash bar.





TCA programs are vetted through a blind review process by professional counselors to assure quality and relevance.

CONFERENCE PROGRAMS

THU
NOV 15
2018
1.5 CE/3 CE

FRI
NOV 16
2018
1.5 CE/3 CE

Our conference programs are blind reviewed by Professional Counselors to ensure quality and relevance. All conference programs are eligible to receive 1.5 or 3 CE hours, as noted. Programs below appear in alphabetical order, and may appear under more than one topic. Program topics are self-selected by the presenter.

All programs are subject to change.

ADDICTION & OFFENDER COUNSELING

Addiction: Disease or Choice?

Entangled in the World Wide Web

CAREER DEVELOPMENT COUNSELING

Child and Adolescent Career Intervention: An Expressive Arts Group Model for the School and Community

Launching Students Living with Disabilities - High School Through College to Career

Ethical Considerations of Adding Executive Coaching to a Counseling Practice

CHILD & ADOLESCENT COUNSELING

Child and Adolescent Career Intervention: An Expressive Arts Group Model for the School and Community

Basics of Sandtray Therapy

Creative Ideas for Teaching and Practicing Social Skills

The Rubberband Effect: Fostering Resilience Among Children and Adolescents

Advanced Sandtray Therapy

For Your Eyes Only: The Rising Issue of Revenge Porn

Even More Alphabet Soup-Classroom Guidance Lessons P Through T

Creating a Safe Zone Among School Counselors for Spiritually Marginalized LGBTQ+ Youth of Color

Combining Eye Movement Desensitization and Reprocessing (EMDR) and Play Therapy to Treat Trauma in Children

The Loss of a Safe Haven: Helping Children and Teens to Recover from Secondary Trauma in the Aftermath of School Shootings

Ways to Talk and Treat Trauma for Children

Refugees and Immigrants in Counseling: Advocating for Voices of Every Language

The Neuroscience Behind the Effectiveness of Child-centered Play Therapy

CONTINUED ON NEXT PAGE

CONFERENCE PROGRAMS

Bullying Prevention in Rural Schools

Fostering Empathy in Young People:
A Look at Civil Rights Teams and
Restorative Justice Practices

Hour by Hour: Working from a Walk-In,
Single Session Model in a School
Setting (3 Hours)

Non-Academic Development in Schools:
A Framework for Multi-Tiered Social and
Emotional Development in K-12 Learning
Environments (3 Hours)

Solution Focused Counseling in Schools:
Effective Counseling when you have
limited time

COLLEGE COUNSELING

Food Insecurity on College Campuses:
Collateral Damage of a Societal Crisis

Launching Students Living with
Disabilities - High School Through
College to Career

Looking for the Invisible: Addressing
Goal Striving Stress in First Generation
College Students

TCCA Hot Topics: College Counselors
on Behavioral Intervention Teams:
Partnerships that Work

Unsocial Media

The Melting Pot That Wasn't: Exploring
the Lived Experiences of Black College
Students Attending Predominantly
White Institutions

COMMUNITY & CLINICAL COUNSELING

Addiction: Disease or Choice?

Basics of Sandtray Therapy

Advanced Sandtray Therapy

Creative and Recreational Therapies:
Several Techniques Explored

Developing the Working Alliance in
Inpatient Settings

Embodying Intersubjectivity:
Co-Creating a Shared Space in the
Therapeutic Encounter

Ethical Practice of Animal-Assisted
Therapy in the Counseling Field (3 Hours)

For Your Eyes Only: The Rising Issue of
Revenge Porn

Late-Life Depression: Signs, Symptoms,
& Treatment

On the Fly & Off the Cuff: Practical
Interventions to Take You Beyond
Talk Therapy

Strengthening Mental Health Services
that Lack Sufficient Funding

Successful Termination in the
Therapeutic Process

The Dangers of Spiritual Abuse:
Clinical Implications and Best Practices

Understanding the Powerful Dynamics
of Animal-Assisted Counseling

Using Adlerian Counseling Techniques:
A Demonstration-Focused Workshop
(3 Hours)

When I Hurt, I Eat: Understanding and
Working with Binge-Eating Disorder

Encouraging the Discouraged:
Strengths-Based Interventions to
Promote Success in Clients and Students

The Game of Managing Stress

Swipes, Snaps, & Sexts: Online Infidelity
and the Role of Technology in Affairs.

Ethics & Advocacy: How Legislation
Dictates my Practice

Multicultural and Social Justice
Competencies for Working with
Transgender Clients

Transitioning from Counselor to Caregiver

Beyond Cultural Competence:
Intersectionality in the Treatment of
Veteran Clients

Embodying Diversity: Reshaping
Marginalized Experience

Slavery in the 21st Century: Ways
Counselors Can Combat Sex Trafficking,
Prostitution and Slavery

The Impact of Culture on Diverse Clientele
Who Are Experiencing Trauma.

Equine-Assisted Mental Health:
Harnessing Solutions for
Common Problems

Counseling People with Chronic
Physical Pain

What Does it All Mean?: Demystifying
Research Findings for Counselors

TAADA Presents: Ethics Across
the Lifespan

CONFERENCE PROGRAMS

COUNSELOR EDUCATION

Strengthening Mental Health Services that Lack Sufficient Funding

Using Adlerian Counseling Techniques: A Demonstration-Focused Workshop (3 Hours)

Academic Supervision at a Distance

Encouraging the Discouraged: Strengths-Based Interventions to Promote Success in Clients and Students

Facilitating Self-Efficacy Development in Counseling Students

How to Develop Quality Online Counseling Courses

Leading a Comprehensive School Counseling Program: What's New?

The Game of Managing Stress

The Use of Integrating Ethical Bracketing (EB) and Counseling Value-Based Conflict Model (CVCN) to Resolve Immigrant Counselor's Value Conflict

The Use of Self-Reflection and Creative Expression in the Identity of Counselor Development: Painting a Picture of Me!

They're Going the "Distance" in Online Counselor Education

The TRAIN is Leaving the Innovation Station!: Interactive Teaching Methods for Counselor TRAINing.

COUNSELOR SUPERVISION

Beyond the Supervision Plan: Supervisees, Systems, and Critical Incidents

Ethics for Professional Counselors and Supervisors: How to Navigate Ethics in a Complex World (3 Hours)

Academic Supervision at a Distance

The Ethical Obligation of Gatekeeping for all Counselors and How It Impacts the Counseling Profession

TCA exhibitors are carefully vetted to ensure they offer high quality and relevant resources.



TCA programs are selected to engage your attention and expand your professional skills.



CONFERENCE PROGRAMS

COUPLE & FAMILY COUNSELING

Deployment and Transition: Implications, Evidence-Based Care and Tips for Service Providers for Military and Veteran Families

Gender, Intimacy, and Power: The Bedroom Turned Inside Out (3 Hours)

Helping Couples Build Resiliency While Building a Family

Helping Couples Recover from Infidelity: When I'm Sorry Isn't Enough

Military Family Reintegration: Strategies and Techniques for the Counseling Process

Party of 3; My Partner, Facebook, and Me

Swipes, Snaps, & Sexts: Online Infidelity and the Role of Technology in Affairs.

The Use of Five Love Languages to Resolve Dysfunctional Relationships in Couple's Therapy (3 Hours)

Understanding the Seven Principles for Making Marriage Work

TAMFC Sponsored: Your Connection to the MFT Licensing Board

ELEMENTARY SCHOOL COUNSELING

(see also **Child & Adolescent**)

Books, Blogs, and Boards: Using Bibliotherapy and Digital Storytelling to Teach Social Emotional Learning

Even More Alphabet Soup-Classroom Guidance Lessons P Through T

The Texas Model for Comprehensive School Counseling Programs: A Toolkit for Creating Strong Programs: Session I (3 Hours)

Keeping it Cool: Navigating Difficult Conversations in the School Counseling Setting

How to Navigate Complex Ethical Dilemmas for School Counselors

The Texas Model for Comprehensive School Counseling Programs: A Toolkit for Creating Strong Programs: Session II (3 Hours)

Sandtray in the Schools: Effective Interventions with Children and Adolescents

ETHICS & LEGAL ISSUES

They're Going the "Distance" in Online Counselor Education

Beyond the Supervision Plan: Supervisees, Systems, and Critical Incidents

Ethical Considerations of Adding Executive Coaching to a Counseling Practice

Ethical Courage

Ethics & Advocacy: How Legislation Dictates my Practice

CONTINUED ON NEXT PAGE

***IT'S NOT JUST A CAREER;
IT'S A CALLING***

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Thirty minute breaks help you connect to colleagues, visit exhibitors and relax between programs.

CONFERENCE PROGRAMS

Ethics for Professional Counselors and Supervisors: How to Navigate Ethics in a Complex World (3 Hours)

How to Navigate Complex Ethical Dilemmas for School Counselors

The Ethical Obligation of Gatekeeping for all Counselors and How It Impacts the Counseling Profession

The Ethical, Legal, and Practical Implications of Distance Counseling: What Counselors Should Know

Using Ethical Principals in Community Engaged Counseling: A Voice for Marginalized Communities

TMHCA Presents: Connecting to Your Licensing Board: Updates from the Texas State Board of Examiners of Professional Counselors (TSBEPC)

Your Connection to the MFT Licensing Board (TAMFC sponsored)

Texas LPC Code Non-Discriminatory Statement: Are LGBT Individuals Protected?

Counseling During Natural Disaster in Your Own Backyard: A Hurricane Harvey Recovery Story.

TAADA Presents: Ethics Across the Lifespan

GAY, LESBIAN, BISEXUAL, & TRANSGENDER

Creating a Safe Zone Among School Counselors for Spiritually Marginalized LGBTQ+ Youth of Color

Multicultural and Social Justice Competencies for Working with Transgender Clients

School Counselor Training on Adolescent Transgender Issues in Schools

Texas LPC Code Non-Discriminatory Statement: Are LGBT Individuals Protected?



CONFERENCE PROGRAMS

GRIEF, CRISIS, & TRAUMA

Academic Supervision at a Distance

Facilitating Self-Efficacy Development in Counseling Students

The Ethical Obligation of Gatekeeping for Counselors and How It Impacts the Counseling Profession

A New Paradigm for Rapid Trauma Treatment (3 Hours)

Combining Eye Movement Desensitization and Reprocessing (EMDR) and Play Therapy to Treat Trauma in Children

Counseling During Natural Disaster in Your Own Backyard: A Hurricane Harvey Recovery Story

Healing Shame: A Relational Body-Centered Approach

Helping Families Experiencing Post Traumatic Growth While Living in a Shelter or Transitional Housing

How to Help the Dying...and in the Process, the Living

The Loss of a Safe Haven: Helping Children and Teens to Recover from Secondary Trauma in the Aftermath of School Shootings

Transitioning from Counselor to Caregiver

Ways to Talk and Treat Trauma for Children

GROUP WORK

Looking for the Invisible: Addressing Goal Striving Stress in First Generation College Students

The Use of Five Love Languages to Resolve Dysfunctional Relationships in Couple's Therapy (3 Hours)

The TRAIN is Leaving the Innovation Station!: Interactive Teaching Methods for Counselor TRAINing.

LIFESPAN DEVELOPMENT

Late-Life Depression: Signs, Symptoms, & Treatment

Healing Shame: A Relational Body-Centered Approach

CONTINUED ON NEXT PAGE

Feel like you're about to go over the falls?

Add a TMHCA luncheon ticket to your conference registration NOW:

- Lunch with us earns you an extra hour of CEU credit
- Get the inside skinny on our latest member news

Visit our booth in the Exhibit Hall to learn more & join!

- Share concerns
- Catch best-practice secrets
- Learn how the LPC Board actually governs
- ...and much more

Grab your life-raft...join the premiere mental health professionals association in Texas. Enjoy our network of professional connections who truly understand your needs...get early news about licensure changes, pending legislation that can change your life, and so much more.





The connections you make with colleagues will last a lifetime!

CONFERENCE PROGRAMS

TAADA Presents: Ethics Across the Lifespan

Cultural Competence for Counseling Older Adults

MULTICULTURAL & SOCIAL JUSTICE

Food Insecurity on College Campuses: Collateral Damage of a Societal Crisis

The Use of Integrating Ethical Bracketing (EB) and Counseling Value-Based Conflict Model (CVCIM) to Resolve Immigrant Counselor's Value Conflict

Using Ethical Principals in Community Engaged Counseling: A Voice for Marginalized Communities

Helping Families Experiencing Post Traumatic Growth While Living in a Shelter or Transitional Housing

Beyond Cultural Competence: Intersectionality in the Treatment of Veteran Clients

Embodying Diversity: Reshaping Marginalized Experience

Refugees and Immigrants in Counseling: Advocating for Voices of Every Language

Slavery in the 21st Century: Ways Counselors Can Combat Sex Trafficking, Prostitution and Slavery

The Counselor as an Agent for Social Justice and Systemic Change

The Impact of Culture on Diverse Clientele Who Are Experiencing Trauma.

The Melting Pot That Wasn't: Exploring the Lived Experiences of Black College Students Attending Predominantly White Institutions

Child-Centered Play Therapy Through a Multicultural and Social Justice Framework

PLAY THERAPY

Creative Ideas for Teaching and Practicing Social Skills

Creative and Recreational Therapies: Several Techniques Explored

CONTINUED ON NEXT PAGE



CONFERENCE PROGRAMS

Child-Centered Play Therapy
Through a Multicultural and Social
Justice Framework

Taking Play Therapy out of the Play Room:
The Art of Bridging Play Therapy to
Non-Traditional Settings

The Neuroscience Behind the Effectiveness
of Child-centered Play Therapy

PRIVATE PRACTICE

Understanding the Powerful Dynamics of
Animal-Assisted Counseling

Gender, Intimacy, and Power:
The Bedroom Turned Inside Out (3 Hours)

Helping Couples Recover from Infidelity:
When I'm Sorry Isn't Enough

Understanding the Seven Principles for
Making Marriage Work

Code 3: Responding to First Responder
Mental Health

Equine-Assisted Mental Health:
Harnessing Solutions for Common
Problems

Google My Practice: SEO, Marketing,
and Your Digital Image. (3 Hours)

PROFESSIONAL ISSUES

Ethical Practice of Animal-Assisted
Therapy in the Counseling Field (3 Hours)

Successful Termination in the
Therapeutic Process

The Ethical, Legal and Practical
Implications of Distance Counseling:
What Counselors Should Know

Google My Practice: SEO, Marketing,
and Your Digital Image (3 hours)

The Use of Self-Reflection and Creative
Expression in the Identity of Counselor
Development: Painting a Picture of Me!

Deployment and Transition: Implications,
Evidence-Based Care and Tips for Service
Providers for Military and Veteran Families

Ethical Courage

CONTINUED ON NEXT PAGE

Texas Association for Multicultural Counseling and Development (TexAMCD)

*Providing global leadership, research, training, and
development for multicultural counseling professionals
with a focus on racial and ethnic issues*



**Join us for our Business Meeting & Luncheon
Thursday, November 15, 2018**

Purchase tickets in advance for just \$40

*Don't forget to visit our booth in the Exhibit Hall
in the Lonestar Ballroom Foyer,
to learn more about TexAMCD and our mission*

Become a member of TexAMCD today!
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TEXAS COLLEGE COUNSELING ASSOCIATION

ADVOCACY • TRAINING • NETWORKING • SUPPORT

LEARNING INSTITUTE:

*"TCCA Presents: Expanding Resources for College Counselors:
A Four-Part Approach"*

**WED
NOV 14
(6.5 CEs)**

TCCA Luncheon and Business Meeting

**FRI
NOV 16**

TCCA Hot Topics:

*"College Counselors on Behavioral Intervention Teams:
Partnerships that Work"*

**FRI
NOV 16
following the
TCCA Luncheon
(1.5 CEs)**

ATTEND	TCCA's pre-conference Learning Institute for only \$100 and get 6.5 CEs.
JOIN US	for our luncheon to learn about important updates and win prizes.
STAY AFTER	lunch for the TCCA Hot Topics program for additional CEs.
DON'T FORGET	to visit our booth in the main exhibit hall.

Reconnect with
old friends and make
new connections!



CONFERENCE PROGRAMS

TMHCA Presents: Connecting to Your
Licensing Board: Updates from the Texas
State Board of Examiners of Professional
Counselors (TSBEPC)

The Counselor as an Agent for Social
Justice and Systemic Change

Advocacy of Self-Care in Professional
Counselor Identity

Keeping It Cool: Navigating Difficult
Conversations in the School
Counseling Setting

Me to We: Fresh Brain-based Tools to
Build Trust with Clients and Coworkers

Surviving and Thriving in the Counseling
Profession: Counselor Self-Care

Publishing in Peer-Reviewed Counseling
Journals: Recommendations and Best
Practices for Developing, Writing, and
Submitting Publishable Manuscripts

TCA Wellness Committee Presents:
Practicing What You Preach - Self Care
for Counselors

REHABILITATION COUNSELING

Counseling People with Chronic
Physical Pain

RESEARCH & EVALUATION

A New Paradigm for Rapid Trauma
Treatment (3 Hours)

Publishing in Peer-Reviewed Counseling
Journals: Recommendations and Best
Practices for Developing, Writing, and
Submitting Publishable Manuscripts

What Does it All Mean?: Demystifying
Research Findings for Counselors

SECONDARY SCHOOL COUNSELING

(see also **Child & Adolescent**)

The Rubberband Effect: Fostering
Resilience Among Children and
Adolescents

Books, Blogs, and Boards: Using Biblio-
therapy and Digital Storytelling to Teach
Social Emotional Learning

The Texas Model for Comprehensive
School Counseling Programs: A Toolkit
for Creating Strong Programs: Session I
(3 Hours)

The Texas Model for Comprehensive
School Counseling Programs: A Toolkit
for Creating Strong Programs: Session II
(3 Hours)

Sandtray in the Schools: Effective
Interventions with Children and
Adolescents

School Counselor Training on Adolescent
Transgender Issues in Schools

How to Help the Dying...and in the
Process, the Living

Bullying Prevention in Rural Schools

Fostering Empathy in Young People: A
Look at Civil Rights Teams and Restorative
Justice Practices

GRIT it Done! Fostering a Growth Mindset
on Your Campus

CONTINUED ON NEXT PAGE

Watch TCA's Membership eUpdate, Web site, and social media for more information on volunteering!



CONFERENCE PROGRAMS

Hour by Hour: Working from a Walk-In, Single Session Model in a School Setting (3 Hours)

I Have a Suicidal Student in My Office, Now What? A Guide for Helping School Counselors Identify, Screen and Respond to Students At-Risk for Suicidal Behaviors

I'm Grieving as Fast as I Can

Journey through Careers and the Personal Graduation Plan? Where to Start?

MISFIRE: Arming Schools with Counselors, Not Guns

Non-Academic Development in Schools: A Framework for Multi-Tiered Social and Emotional Development in K-12 Learning Environments (3 Hours)

Solution Focused Counseling in Schools: Effective Counseling When You Have Limited Time

Stir it Up! Use of Technology in Suicide Prevention

You ARE Their Bridge Over Troubled Water: How Structurally Sound Are You?

Keeping it Cool: Navigating Difficult Conversations in the School Counseling Setting

How to Navigate Complex Ethical Dilemmas for School Counselors

SPIRITUALITY & WELLNESS

The Dangers of Spiritual Abuse: Clinical Implications and Best Practices

Cultural Competence for Counseling Older Adults

Advocacy of Self-Care in Professional Counselor Identity

Surviving and Thriving in the Counseling Profession: Counselor Self-Care

Counseling People with Spiritual and Religious Issues

Counselors' Clinical Experience with Integral Breath Therapy (3 Hours)

TCA Wellness Committee Presents: Practicing What You Preach - Self Care for Counselors

TECHNOLOGY

Unsocial Media

How to Develop Quality Online Counseling Courses

Party of 3; My Partner, Facebook, and Me

The Ethical, Legal, and Practical Implications of Distance Counseling: What Counselors Should Know

Google My Practice: SEO, Marketing, and Your Digital Image. (3 Hours)

Entangled in the World Wide Web

POSTER SESSIONS

THU
NOV 15
2018

0 CE
FRI
NOV 16
2018

0 CE

12:30 - 1:30 p.m. — Conference poster sessions present research data to support effective counseling, intervention and therapeutic strategies across many specialties within the counseling profession. Grab some lunch, network, learn and relax. Conference poster displays are included with your registration. CE credits are not awarded for viewing poster sessions.

Autism Spectrum Disorder: Breaking Down the Diagnosis

TOPICS: Child & Adolescent Counseling;
Lifespan Development

MAIN PRESENTER: Christopher Wilder

Counselor-Student Ratio and Link to Student Success

TOPICS: Secondary School Counseling;
Child & Adolescent Counseling

MAIN PRESENTER: Gay McAlister

Multicultural Counseling Competency (MCC): Career Counseling Implications and Considerations Through a Solution Focused Brief Therapy (SFBT) Model

TOPICS: Multicultural & Social Justice;
Career Development Counseling

MAIN PRESENTER: Brian Hicks

Non-Suicidal Self Injury in College Students: Implications for College Counselors

TOPICS: College Counseling

MAIN PRESENTER: Brian Hicks

Review of Saving Talk Therapy: How Health Insurers, Big Pharma, and Slanted Science are Ruining Good Mental Health Care by Enrico Gnauti

TOPICS: Community & Clinical Counseling;
Ethics & Legal Issues

MAIN PRESENTER: Julianne Cantwell

Racism and Microaggressions: Fostering PTSD and Poor Self-Concept

TOPICS: Multicultural & Social Justice;
Lifespan Development

MAIN PRESENTER: Beck Munsey

Religion and Spirituality as Factors in Intimate Relationships - A Texas Study

TOPICS: Couple & Family Counseling;
Research & Evaluation

MAIN PRESENTER: Wen-mei Chou

Technology Addiction: Why Counselors Need to Take a New Approach to Counseling Adolescents

TOPICS: Child & Adolescent Counseling;
Addiction & Offender Counseling

MAIN PRESENTER: Jonna Byars

The Problematic Use of Cisnormative Assessments with Transgender and Gender Non-conforming (TGNC) Individuals

TOPICS: Gay, Lesbian, Bisexual, & Transgender;
Assessment & Testing

MAIN PRESENTER: Sarah Colliflower

Treating Co-Occurring PTSD and Substance Use Disorder

TOPICS: Addiction & Offender Counseling

MAIN PRESENTER: Crystal Brashear

UNT Classic: University of North Texas' Cultural and Linguistic Awareness Support Services in Counseling

TOPICS: Multicultural & Social Justice;
Community & Clinical Counseling

MAIN PRESENTER: Angie Cartwright

SPEAKERS

(as of August 1, 2018)

Paula Abbott	Cristina DeLuna	Shirin Khosravi	Daniel Rodriguez
Sinem Akay-Sullivan	Reade Dowda	Bonnie King	Sherry Rosenblad
Stephen Armstrong	Cyndi Doyle	Natalie Knox	Teri Ann Sartor
Dusanka Armstrong	Patrice Dunn	Charity Kurz	Erika Schmit
Ashley Atwood	Jeremy Edge	Chris Leeth	Michael Schmit
John Avritt	Fariba Ehteshami	Ashley Leger	Gina Shipley
Brandon Awbrey	Kimberly Eickholt	Stephen Lenz	Sarah Silveus
Arlette Back	LaWanda Evans	Harris Leonard	Ryan Smith
Jennifer Baggerly	Brenda Faulkner	Ian Lertora	Mika Smith
Billy Barkley	Joyce Finch	Chi-Sing Li	Jennifer Smothermon
BJ Barksdale	Serena Flores	Ya-Wen Liang	Timothy Sneed
Jeremy Berry	Josh Freeman	Natalya Lindo	Misty Solt
TSBEP Board	Jeffrey Gallup	Yu-Fen Lindo	Desiree Stephens
Monte Bobele	Rachel Gandar	Kristen Lyons	Joan Strutton
Jennifer Boswell	Sharon Gayle	Virginia Mann	Janie Stubblefield
Loretta Bradley	Cullen Grinnan	LaShondra Manning	Jeffrey Sullivan
Crystal Brashear	Kerin Groves	Aretha Marbley	Nevine Sultan
Dara Brown	Laillah Guice	Cyndi Matthews	Christopher Taylor
Timothy Brown	Ashley Hamm	Gay McAlister	Caris Thetford
Taylor Brown	Joshua Hawkins	Danielle McGarth	Nancy Thomas
Rick Bruhn	Deborah Healy	Kimberly McGough	Linette Tovar
Jonna Byars	Susan Henderson	Bryan Moffitt	Mark Tovar
Julianne Cantwell	Bret Hendricks	Ellicia Money	Kay Sudekum Trotter
Sara Carlisle	Chris Hennington	Ulysses Moore	Morgan Tuck
Shay Carper	Elizabeth Hennington	Beck Munsey	Renee Turner
Angie Cartwright	Richard Henriksen	Katie Neff	Steve Vazquez
Lesley Casarez	Audrey Heron	Michael O'Briant	Terra Wagner
Peggy Ceballos	Donna Hickman	Marianna Oller	Kate Walker
Cynthia Chandler	Brian Hicks	Kim Parker	Sara Walker
Wen-mei Chou	Janet Hicks	Carol Parker	Macy Waltz
Lacey Clare	Karen Hollenbaugh	Gerald Parr	Richard Watts
Remona Clark	Roxana Horak	Kimberly Pearson	Louis Whatley
Sarah Colliflower	Shenita Irvng	Gerald Pennie	Betty White
Lori Copeland	Mignon Jambon	Krystin Porter	Christopher Wilder
Ernest Cox	Jeanette James	Erica Pounce	Daniel Williamson
Charles Crews	Brenda Jones	Brandy Pounds	Jennifer Williamson
Melissa Dague	Joyce K Jones	Heather Quast	Jill Willis
Greta Davis	Kathleen Jones-Trebatoski	Lisa Remy	Will Wise
Damion Davis	Erin Kaszynski	Jill Riethmayer	Elias Zambrano
Mario De La Garza	Scott Kessel	Jarryn Robinson	

EXHIBITORS

(as of August 1, 2018)

ASSOCIATION FOR FAMILY AND
COMMUNITY INTEGRITY
understandinggay.org

ASSOCIATION OF FAMILY AND
CONCILIATION COURTS
afccnet.org

BRANDY'S BOA
bagofair.com

COMPASSIONWORKS
compassionworks.com

HARDIN-SIMMONS UNIVERSITY
hsutx.edu

HAZELDEN BETTY FORD FOUNDATION -
TEXAS CHILDREN'S PROGRAM
fivestarkids.org

HEALTHCARE PROVIDERS
SERVICE ORGANIZATION
(HPSO)
hpso.com

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KATE WALKER TRAINING
katewalkertraining.com

METHODIST CHILDREN'S HOME
mch.org

NEW HOPE RANCH
newhoperanchrecovery.com

NORTHERN METRO
COUNSELING ASSOCIATION
northernmetroca.org

SAM HOUSTON STATE UNIVERSITY
shsu.edu/academics/counselor-education

SOUTHERN METHODIST
UNIVERSITY
smu.edu/mastercounseling

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ST. MARY'S UNIVERSITY
stmarytx.edu

STEPHANIE'S SELECTIONS
stephaniesselections.com

STEVEN A. COHEN MILITARY FAMILY
CLINIC AT ENDEAVORS KILLEEN
endeavors.org/MFC

TEXAS A&M UNIVERSITY - CORPUS
CHRISTI - DEPT. OF COUNSELING &
EDUCATIONAL PSYCHOLOGY
cneptamucc.edu

TEXAS ASSOCIATION FOR
ASSESSMENT IN COUNSELING
AND EDUCATION (TAACE)
txca.org/taace

TEXAS ASSOCIATION FOR
MULTICULTURAL COUNSELING
AND DEVELOPMENT (TexAMCD)
txca.org/texamcd

TEXAS ASSOCIATION OF ADULT
DEVELOPMENT AND AGING (TAADA)
txca.org/taada

TEXAS ASSOCIATION OF
COUNSELOR EDUCATION AND
SUPERVISION (TACES)
txca.org/taces

TEXAS ASSOCIATION OF
HUMANISTIC EDUCATION &
DEVELOPMENT (TAHEAD)
txca.org/tahead

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GAY, BISEXUAL & TRANSGENDER
ISSUES IN COUNSELING
txca.org/talgbtic

TEXAS CHRISTIAN UNIVERSITY
coe.tcu.edu/ph-d-in-counseling-and-counselor-education/

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TTU K-12
k12.ttu.edu

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CONFERENCE INFORMATION:
www.txca.org/PGC

CONFERENCE REFUND REQUESTS:
www.txca.org/refund

DALLAS CONVENTION AND VISITORS BUREAU:
www.VisitDallas.com

SHERATON DALLAS HOTEL & CONFERENCE CENTER:
www.sheratondallashotel.com



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