

Fish Tacos

Prep: 10 minutes | Cook: 0 minutes | Total: 10 minutes | Yield: 2 tacos| Serving Size: 2 tacos

Ingredients

2 ½ ounces canned salmon

1 teaspoon lime juice

¼ bunch cilantro

2 Tablespoons plain fat-free Greek yogurt

2 corn tortillas

Directions

1. Combine canned salmon, lime juice, cilantro, and Greek yogurt in a mixing bowl.
2. Add combined ingredients to corn tortillas.
3. Add more lime juice if desired and enjoy!

Total Calories: 221

Recipe from VA Thrifty Meal Plan
For more recipes, please visit www.nutrition.va.gov



U.S. Department
of Veterans Affairs