

1- Minute

#YOUTHADVOCACY Video Challenge

The videos we select for sharing will receive a gift card!

Select videos will be shared on HLM social media and students may also be invited to virtual meeting(s) with Texas Legislators!



BE CREATIVE! Focus on what is important to YOU. Share **your voice** and **your community**. Highlight how to make Harris County a healthier place to live, learn and play!

Share your thoughts on one of the EAT, PLAY and LEARN topics!

EAT

- Healthier food served in the school cafeteria
- More grocery stores in my neighborhood
- Healthier options at corner stores
- Community gardens and farmers markets

PLAY

- More parks in the community
- Park programs and amenities for youth
- Access to sidewalks, trails or bike lanes
- Physical activity programs offered before or after school

LEARN

- Access to nutrition and healthy cooking classes
- Gardening education at school or community
- Outdoor classrooms or more opportunities to learn outdoors
- Community health challenges to encourage youth to be healthier

Submit videos by
January 31, 2021 to
<https://tinyurl.com/y6bbnf9d>

For questions, email us at
info@healthylivingmatters.net