

Get to know

Healthy Minds Healthy Communities

Equipping community members with tools and training to support each other, strengthening community behavioral health and resiliency.

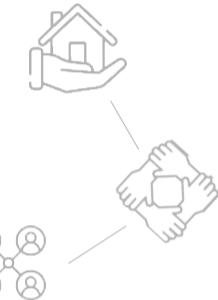
What is community initiated care?

*"Community Members
leading the way
to support the
emotional wellness
of their
neighborhoods."*

Who We Are

The Healthy Minds, Healthy Communities initiative was created in response to the mental health impacts of COVID-19 to:

- Support overall emotional wellness
- Help communities strengthen and grow existing support systems
- Build new networks to emotional health providers
- Find new ways to break down stigmas around mental health

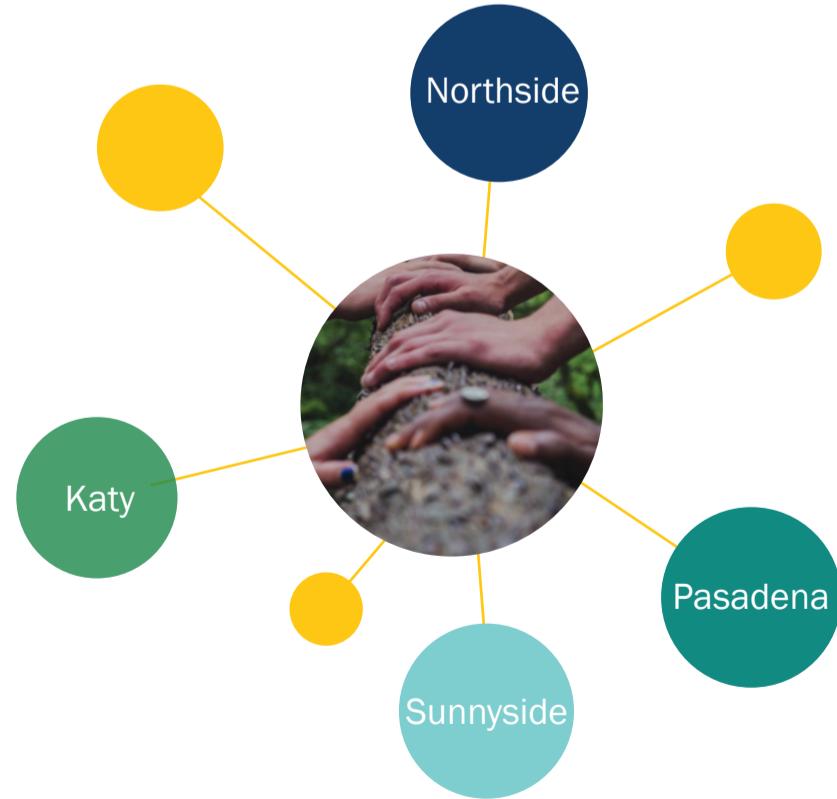


WHY CIC

- Community Based & Centered
- Comprehensive
- Based on Needs
- Evidence-Based
- Racially and Ethnically Appropriate
- Long Lasting Results

Focus Neighborhoods

77093	Eastex-Jensen
77504	Pasadena
77022	Northside/Independence Heights
77076	Northside
77090	Cypress Station
77060	Greater Greenspoint
77033	Sunnyside/South Park/OST
77091	Acres Homes
77038	Fallbrook/West Rd.
77450	Katy



Meeting communities where they are.

For any additional questions, please email
info@harriscountyhmhc.org.

@HarrisCountyHMHC | @HarrisCtyHMHC



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