

# Footlogix Soakless Pedicure – Technique

Note: All Footlogix® products are non-occlusive, non-greasy and safe for diabetics.

PRODUCTS NEEDED
Footlogix® Cleansing Wipes
Footlogix® Exfoliating Seaweed Scrub (optional)
Footlogix® Callus Softener
Footlogix® Cuticle Softener
Footlogix® Professional Stainless Steel File
Footlogix® Professional Mousse – Very Dry Skin Formula or DD Cream Mousse
Footlogix® Cuticle Conditioner
Footlogix® Massage Formula



Footlogix® elevates your pedicures and transforms your clients’ feet, delivering fast, long lasting results in as little as 5 minutes!

For soakless pedicures, start by using the **Footlogix® Cleansing Wipes** to begin the pedicure service to ensure optimal results. They contain no added fragrance or scents and does not dehydrate the skin. These sanitizing wipes are safe for all ages and skin types.

**Technique:**

☞ Begin by cleansing each foot with the **Footlogix<sup>®</sup> Cleansing Wipe**. One wipe is sufficient for both feet and is ideal for use before soakless pedicures as a convenient and effective cleanser



☞ Apply a small amount of **Footlogix<sup>®</sup> Cuticle Softener** directly onto the cuticle and nail fold of each toe and allow to absorb for sixty seconds for easy removal of excess debris. Reapply Cuticle Softener as required

☞ Spray the **Footlogix<sup>®</sup> Callus Softener** Formula on the soles of the feet; liberally apply to calluses and dry skin around the toes and heels



☞ Leave the spray on for at least two to three minutes, for this non-aggressive formula to absorb into all the layers of the epidermis before you begin to file the callus off

☞ Start filing with the coarse side of the **Footlogix<sup>®</sup> Professional Stainless Steel File** to reduce calluses. Use the fine side for smoothing and finishing



☞ Reapply the Callus Softener if the foot feels dry while filing or as required

☞ You will notice that the callused skin will slough off very gently leaving the skin on the foot rejuvenated



☞ Apply a walnut sized amount of a hydrating **Footlogix<sup>®</sup> Professional Mousse** to each foot and massage into the skin. Apply a small amount of **Footlogix<sup>®</sup> Cuticle Conditioner** directly onto each cuticle and massage cuticles in a circular motion



☞ Once the pedicure is complete, massage your client's feet and lower legs with the non-occlusive **Footlogix<sup>®</sup> Massage Formula**. Clients will love results as their skin will feel silky and soft

☞ The soakless pedicure technique will leave your clients' feet looking beautiful and hydrated

**Note:**

The technician can use **Footlogix<sup>®</sup> Exfoliating Seaweed Scrub** before using the Callus Softener, if there is an opportunity to be able to rinse it off with warm water. The scrub is a great way to start a pedicure because of its cleansing properties.

**Steps to follow if the technician is using the Exfoliating Seaweed Scrub in their soakless pedicure routine:**

☞ Apply a small amount of the scrub into palm. Emulsify with a lot of water which will help give it a slip

☞ Apply and massage the foot and leg upwards

☞ Take a damp towel and wash off scrub

For more information, visit [footlogix.com](http://footlogix.com) or call **1-888-442-4408** (toll-free North America) / **+1-416-742-1313** (for international calls).