

What is a Lent Life Group?

A Life Group is a small group made up of 10-16 people who meet weekly to share, study and support one another. These Life Groups are for the worship season of Lent.

What is Lent?

Lent is the worship season between Ash Wednesday and Easter that prepares us to celebrate the resurrection of Jesus. It's forty days, excluding Sundays. Traditionally, it's a time of self-examination, repentance, and special focus on the suffering of Jesus for us.

What happens at a Life Group?

Read + Talk + Pray. Lent Groups will read the main Scripture passage, then talk through provided discussion questions, and end in prayer. Questions are based on the previous Sunday's sermon. Groups might end their last session with a meal.

Who leads a Life Group?

Life Groups are facilitated by a team of two people: the Leader and the Host. The Host takes care of hospitality, especially if the group is meeting in the Host's home. The Leader guides the conversation. Both have been vetted and trained by church leaders.

When and where do they meet each week?

Groups meet throughout the week at times convenient to them. Groups are encouraged to meet in host homes for about 90 minutes and no longer than 2 hours. The Lent Life Groups will be six weeks long.

We have three different meeting types for groups:

- **Online Only:** These groups will meet exclusively online.
- **In-Person:** These groups will meet in person.
- **Hybrid:** These groups will meet in a combination of both in-person and online. This could look like alternating between online and in-person, or it could be some people meeting in person and others joining them via video.

When can I sign up for a group?

Sign up begins February 2, 2025, and ends March 16, 2025. Groups start meeting the week of March 9, 2025. There are three ways to sign up for a group – online, at our weekend services, or by calling the church office. We keep enrollment open for the first two weeks each session but close it after that.

Who should I talk to if I'm interested in hosting or leading a group?

Contact the church office. Existing Leaders will be grandfathered in. New group Leaders and Hosts must have attended New Life Church for at least one year, attend Life Group Training, and agree to "Life Group Best Practices."

Do any groups offer childcare?

Offsite groups are responsible for finding their own childcare, but the church will offer childcare to any groups meeting at or near the church on Sunday evenings.