

"Laughter is the Best Medicine"



May 4, 2022

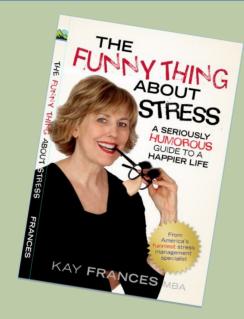


Virtual



10:00 AM -11:30 AM

Join us for a FREE VIRTUAL event for family caregivers! Kay Frances will remind us to keep our sense of humor, manage our stress and take care of ourselves. Prepare to laugh your stress away!



Free book for the first 50 caregiver participants!

Register at: cornerstonevna.org/caregiver22