Frequently Asked Questions

Q: Are the topics of Alzheimer's, dementia or memory issues discussed at the event?

A: No. There are no presentations or workshops about Alzheimer's, dementia or memory issues. This is a diagnosis-free zone.

Q: Where is the Alzheimer's Café located?

A: In our Training Room! Use the Learning Center Main Entrance, turn right and go up the ramp, past our Humane Education Classroom, and straight into our Training Room.

Q: Is it handicap accessible?

A: Yes. The Training Room and nearby restrooms are handicap accessible.

Q: Can I bring a group?

A: The Alzheimer's Café is meant to be a drop-in social gathering for individuals and their caregivers. If you wish to organize a group visit, please contact 603-772-2921, ext. 104.

Q: Can we arrive anytime between 12:30 and 2:00 p.m.?

A: Yes. We feel the most benefit from the gathering occurs when all arrive close to 12:30 p.m. so all guests are included from the beginning. However, we will happily welcome you whenever you arrive.

Q: Can we interact with or feed animals?

A: Guests are welcome to choose to interact with the animals if they wish.

We kindly ask that pets be left at home for this event.



Alzheimer's Café History

The Alzheimer's Café model has two distinct versions: European and American.

The European model typically includes presentations, lectures and learning sessions pertinent to Alzheimer's disease. The American model removes the idea of a learning workshop and focuses entirely on getting together and enjoying the company of others.

About the NHSPCA

Vision

A safe and loving home for every animal

Mission

To save the lives of companion animals through rescue, rehabilitation, and adoption; to promote learning, eliminate animal cruelty and be a leader in advancing the highest standards of animal welfare.

New Hampshire SPCA

ALZHEIMER'S café



New Hampshire SPCA

Want to know more? Visit us on the web!
nhspca.org/alz-cafe/

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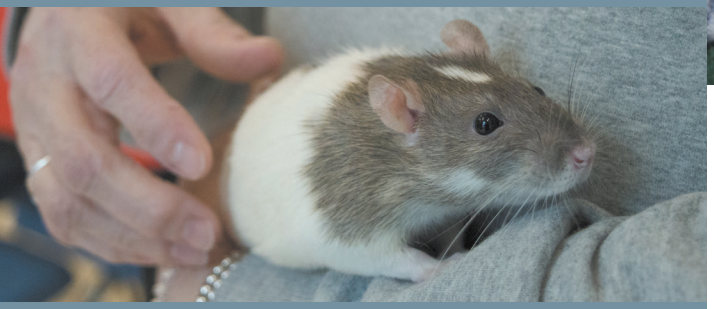
What is the Alzheimer's Café?

The New Hampshire SPCA would like to offer a welcoming place for people with forgetfulness or other changes in their thinking and for family and friends who help with care.

The Alzheimer's Café at the NHSPCA will be a comfortable gathering in our Humane Education classroom where people can socialize, connect with others, enjoy some snacks and interact with our classroom animals.

This will be a fun, cheerful and judgement-free event. There will be no discussions about diagnosis or presentations or workshops about memory issues. There may be an activity to participate in or even visits from special animal guests.

Light refreshments will be served.



Join Us!

Date: The second Thursday of every month

Time: 12:30 - 2:00 p.m.

Location: New Hampshire SPCA
104 Portsmouth Avenue,
Stratham, NH 03885

For more event information, please go to:
nhspca.org/alz-cafe/



Why the NHSPCA?

Here at the NHSPCA, we believe in being an integral part of our community, offering not only a place of refuge for animals to find happy new homes, but as a presence and a source of information and assistance to all those in need—pets *and* people.

Studies have demonstrated that human-animal interaction benefits both people and animals. Animals can promote relaxation and help reduce depression. For the senior population, animals can enhance quality of life and bring meaning to the every day.

We at the NHSPCA believe these positive benefits make our shelter a great place to offer an Alzheimer's Café.

The Benefits

Individuals living with Alzheimer's, dementia or other memory issues can often become isolated from the outside world. Caregivers can feel these effects as well. As participating in everyday activities becomes more difficult and people feel uneasy about social situations or feel unwelcome or misunderstood, they often retreat to familiar settings and get out and about less.

Alzheimer's Cafés are open to guests at any stage of diagnosis and many find that they are able to attend Cafés on a regular basis for many months or years. Friendships can be formed and individuals and caregivers can engage in a welcoming and positive environment.

