



**CORNERSTONE VNA**  
HOME • HEALTH • HOSPICE

# CAREGIVER CAFÉS



Join us for our monthly family Caregiver Cafés, offering a friendly place for support, education and conversation. No RSVP required.

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## **Hill Library**

1151 Parker Mountain Road, Strafford, NH

**2nd Wed. of the Month**

10:30 am

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## **Dover Public Library, Trustee Room**

73 Locust St, Dover, NH

**3rd Wed. of the Month**

10:30 am

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## **The Goodwin Library**

422 Main St., Farmington, NH

**2nd Fri. of the Month**

1:00 pm

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## **Langdon Public Library**

328 Nimble Hill Road, Newington, NH

**3rd Thurs. of the Month**

10:30 am

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For Life Care - Private Duty Caregiver Support, contact Janice Howard at 603-332-1133 x1108 or [JHoward@cornerstonevna.org](mailto:JHoward@cornerstonevna.org)

*Cornerstone VNA is a nonprofit providing home care, hospice, palliative, private duty and community services. Learn more at [cornerstonevna.org](http://cornerstonevna.org)*