

# Learning Collaborative: Supporting Youth with Foster Experience and the Crisis Care Continuum

Join the Crisis and Recovery Enhancement (CARE) Technical Assistance Center for a new Learning Collaborative series on Supporting Youth with Foster Experience and the Crisis Care Continuum. Participants in this virtual series will identify systemic challenges youth with foster care experience face—such as aging out of the foster care system and the increased risk of crossover into the juvenile justice system—and explore best practices for addressing such challenges. They will also develop concrete strategies for facilitating access to resources in the crisis care continuum. Over the course of eight sessions, participants can expect to share knowledge and problem solve together as they examine common challenges, approaches to bridging service gaps, and areas for growth and systemic change. The series will culminate in county-specific action plans that move toward measurable systemic change.

## Focus topics include the following:

### Elevating Youth & Families Voices

**FEBRUARY 28, 2022**  
10:00-11:30am PT

### Best Practices for Continuity of Care along the Crisis Continuum

**APRIL 11, 2022**  
10:00-11:30am PT

### Diversity, Equity and Inclusion within the Crisis Continuum of care

**MAY 9, 2022**  
10:00-11:30am PT

### Action Planning

**JUNE 6, 2022**  
10:00-11:30am PT

**REGISTER FOR THE SERIES ►**

**Audience:** Executive leadership of county behavioral health agencies, county social service agencies, and community-based organizations that support children, youth, and young adults.

### Continuing Education Credits

1.5 hours of Continuing Education Credits are available per session for LMFTs, LCSWs, LPCCs, ASW, PPS, MFC and/or LEPs as required by the California Association of Marriage and Family Therapists (CAMFT). Credit also available for RNs, CADC-CAS, CADC I's, CADC II's, CCS, CA CCS, CCJP, CCDP, CRPM, LAADAC, and CCPS. CARS is an approved provider for: CCAPP #4N-08-923-0718, CA Board of Registered Nurses #16303, and CAMFT #131736.





## Meet the Presenters:



**Gibrán Méndez, LMFT** is the Director of Quality Improvement at Stanford Sierra Youth & Families and an Adjunct Professor of Counseling Psychology at University of San Francisco. He is an experienced bilingual and bicultural therapist who has worked in community-based mental health settings serving youth and families. In his leadership role at Stanford Sierra Youth & Families, he provides oversight of all aspects of program quality improvement, evaluations and outcomes, and clinical practices. He is highly skilled at developing documentation standards and strategies to support staff in conceptualizing their services. Gibrán earned a Bachelor's Degree in Psychology and Spanish and a Master's Degree in Psychology with emphasis in Marriage and Family Therapy at California State University, Chico.



**Sydney Bice** is a Family and Youth Partnership Coordinator with Stanford Sierra Youth and Families and has worked as a mental health advocate for the last four years. She has navigated the mental health, and Kinship care systems and utilizes this lived experience to empower youth and elevate their voice and choice as they navigate services in mental health, foster care, and CSEC populations. She coordinates monthly virtual trainings to help bring awareness to members of the community of a variety of different areas to build awareness with practicing cultural humility, emotional self-awareness, and strength based services for the youth and families. With her bachelors in Family and consumer Sciences, and lived experience navigating systems, Sydney utilizes these experiences to drive her advocacy work for youth and families.



**Christina Cagle** has 16 years of experience of working in the youth and family provider field. In her lived experience as a mother and adult sister/caregiver she has touched the child welfare, juvenile justice, and mental health systems. Her lived experience assisted in training and supporting new resource parents understanding the necessity for biological family's reunification plans. With her Bachelor's degree in Criminal Justice and Masters in Social Work, Christina utilizes her educational background with lived experience on advocating for families in various systems of care. She is an established trainer of over 11 years in Therapeutic Crisis Intervention Training and American Red Cross.



**Ebony Chambers**, Chief Family and Youth Partnership Officer, has been with Stanford Sierra Youth and Families for over 17 years, leadership within Peer and Mentor Advocacy programs, Empowerment Training Center and other community based services. Ebony brings both personal and professional experience having navigated multiple systems with her child and brings that perspective to her role to provide oversight, advocacy and support to families in the Northern California regions. Ebony is also an instructor for UC Davis Center for Family Focused Practice and teaches courses focused on racial equity and inclusion. Chambers also worked with the National Council of Behavioral Health, on addressing Health Disparities within her local community, with a focus on eliminating barriers and increasing access for the LGBT community. Actively involved in the community, Ebony is a member the Mental Health Services Act (MHSA) Steering Committee and other community initiatives, ensuring family and youth voice is integrated at every system level

REGISTER FOR THE SERIES ►

