

Assisted Outpatient Treatment (AOT) Resource Guide

- **Laura's Law: Assisted Outpatient Treatment Demonstration Project Act of 2002**
Assembly Bill (AB) 1421 (Thomson, Chapter 1017, Statutes of 2002) established the Assisted Outpatient Treatment Demonstration Project Act of 2002 in Welfare and Institutions (W&I) Code Sections 5345 – 5349.5. Also known as Laura's Law, this law requires the Department of Health Care Services (DHCS) to establish criteria and collect outcome data from counties that choose to implement Assisted Outpatient Treatment (AOT) programs. DHCS is required to produce an annual report on the program's efficacy, which evaluates the program's impact for reducing the clients' risk for homelessness, hospitalizations, and involvement with local law enforcement. This report serves as the May 1, 2019, annual report and provides outcomes for the May 2018–April 2019 reporting period. [View report](#)
- **Los Angeles County Department of Mental Health Webpage: Assisted Outpatient Treatment for LA**
Webpage of Los Angeles County Department of Mental Health Assisted Outpatient Treatment (AOT) program, which includes helpful content such as an *Overview Video Presentation on AOT-LA*, *How to Access AOT-LA Services*, *Candidate Criteria*, *New AOT Referral Form*, and *AOT-LA FAQs*. [View webpage](#)
- **Solano County Department of Mental Health Services Webpage**
Solano County Mental Health Services webpage, which includes content related to the county's Mobile Crisis Team, Lanterman Petris Short (LPS) Act and 51-50 Process, Assisted Outpatient Treatment/Laura's Law, and Crisis Stabilization Services. [View webpage](#)
- **Placer County Assisted Outpatient Treatment Webpage**
Placer County Mental Health webpage with Assisted Outpatient Treatment information. [View report](#)
- **San Francisco Department of Public Health Assisted Outpatient Treatment Webpage**
San Francisco Department of Public Health Webpage with Assisted Outpatient Treatment program information. [View webpage](#)
- **Orange County Assisted Outpatient Treatment Program Webpage**
Orange County Behavioral Health Webpage with Assisted Outpatient Treatment program information. [View webpage](#)
- **Ohio AOT Program Data Entry User Guide**
Put out by a collaborative of partners and the Ohio Department of Mental Health and Addiction Services, this guide is an exemplary model for an Assisted Outpatient Treatment (AOT) participant tracking form. The guide serves as a tool for county AOT Monitors or other individuals tasked with participant tracking, data entry, or reporting for the AOT civil commitment programs in Ohio.
 - [View user guide](#)
 - [View instructional video: Using the Ohio AOT Data Collection Portal Webinar](#)

- **Civil Commitment and the Mental Health Care Continuum: Historical Trends and Principles for Law and Practice**

To meet the challenges in a shifting policy landscape, some guidance is needed to assist state policymakers and practitioners in reforming, implementing, and appropriately targeting commitment law and practice—both inpatient and outpatient—to the small proportion of adults who require and may benefit from its use. Part I of this report reviews the history and current status of involuntary commitment in the United States. Part II sets forth expert consensus principles to guide the optimal, ethical use of commitment. Part III provides practical tools—briefly stated guidelines and a checklist of requirements—to assist policy makers and others responsible for reforming or implementing civil commitment laws or systems. [View report](#)

- **Civil Commitment, Involuntary Treatment and the Continuum of Mental Health Services**

This video is a recorded conference session from the 2018 Oregon Law & Mental Health Conference. It was presented by Bob Joondeph JD and Sarah Radcliffe JD, of Disability Rights Oregon. The Oregon Law & Mental Health Conference is a program of the Mental Health Association of Portland. [View video](#)

- **Ethical Considerations for Shared Decision-Making in Civil Commitment & Involuntary Hospitalization**

This webinar explores civil commitment law through the lens of civil liberties for young adults of transition age. Presenters highlight considerations for the ethical tensions between a provider or family member's desire to help a young person experiencing serious mental illness and the young person's autonomy. The webinar also addresses common concerns around shared decision making and offers strategies for improving the process of civil commitments for youth and their families. [View webinar](#)

- **Involuntary Commitment for Substance Use Disorders – Considerations for Policymakers**

This report describes the current status of involuntary commitment laws in the United States and illuminates several considerations for policymakers and others regarding such laws. The study evaluates stakeholders' viewpoints regarding these laws and draws assessments of the short and long-term impacts. Additionally, it examines how these laws can protect freedoms while also promoting health and safety. [View report](#)

- **Involuntary Commitment Laws Overview**

This webpage from the Recovery Village provides an overview and a directory of resources regarding Involuntary Commitment Laws. The Recovery Village Drug and Alcohol Rehab is part of the Advanced Recovery Systems nationwide network of addiction treatment facilities and their website serves as a clearinghouse of resources, research and live, accredited events. The CARE TA Center is not endorsing this company or its services, but rather is sharing the website as a source of information regarding involuntary commitment laws for the behavioral health field. [View webpage](#)

- **Involuntary Commitment, Conservatorships and Guardianships - Legal Article**

This webpage features a legal article which overviews and defines laws pertaining to involuntary commitment, conservatorships and guardianships. It is written by the Law Offices of Stimmel, Stimmel & Roeser. The CARE TA Center is not endorsing this law firm or its services, but rather is sharing the

website as a source of information regarding involuntary commitment laws for the behavioral health field. [View webpage](#)