

MOUNT HOREB MENTAL HEALTH RESOURCES

NAMI Dane County

Not sure where to get started?

NAMI is a great resource to help you navigate this journey.

www.namidanecounty.org | (608) 249-7188

outreach@namidanecounty.org

Mount Horeb Counseling

Kayla Daniels is a local licensed clinical social worker with 15 years of experience.

She works with young children to older adults.

www.mounthorebcounseling.com | (608) 716-4867

kayla@mounthorebcounseling.com

Natural Wisdom Counseling

Jess Dallman is a local psychotherapist who helps individuals recover from stress and trauma.

www.naturalwisdomcounseling.com | (701) 870-0022

Journey Mental Health

A resource for mental illness, offering therapy for adults and children, as well as service for severe mental illness, medication, and emergency services.

www.journeymhc.org | (608) 280-2700 | Crisis Line: (608) 280-2600

Upland Hills Health

Offers behavior health counseling at Dodgeville Medical Center.

www.uplandhillshealth.org/services/behavioral-health

UW Health

Offers behavioral health counseling.

<https://www.uwhealth.org/services/mental-behavioral-health-services>

National Suicide Hotline

988 - Call, Text, Chat

WI Office of Children's Mental Health

children.wi.gov



MOUNT HOREB
AREA CHAMBER OF COMMERCE

#MountHorebStrong