

Adolescent Depression: Diagnosis, Management and Suicide Risk

Tuesday, September 10 | 1–2 p.m. EDT

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Major depression in adolescents is recognized as a serious psychiatric illness with extensive acute and chronic morbidity and mortality. There is a need for improved care for children and adolescents with mental health disorders, specifically depression. Recognizing this gap in clinical practice, a group of researchers and clinical experts developed Guidelines for Adolescent Depression in Primary Care (GLAD-PC) for the management of adolescent depression in the primary care setting. This activity will describe the medical guidelines, review screening and management strategies for adolescent depression and outline risk factors for adolescent depression and suicide.

We invite you to learn more and participate in this live webcast, ***Adolescent Depression: Diagnosis, Management and Suicide Risk***. Please join us on **Tuesday, September 10, 2019**, from **1 to 2 p.m. EDT (12–1 p.m. CDT; 11 a.m.–12 p.m. MDT; 10–11 a.m. PDT)**.



This activity is designed to meet the educational needs of case managers, counselors, educators, nurses, nurse practitioners, pharmacists, pharmacy technicians, PAs, physicians, psychologists, social workers, therapists and other health care professionals who have an interest in the care of adolescents.

1.00 CME/CNE/ACPE-P(T)/APA/ASWB/CCMC credit will be available.

Learning objectives

At the end of this educational activity, participants should be able to:

- Describe the diagnostic criteria and initial assessment of adolescent depression.
- Discuss medical guidelines, screening and management strategies for adolescent depression.
- Identify risk factors for adolescent depression and suicide.
- Determine the acute management and secondary prevention of suicide.
- State the current and possible future role of pharmacogenomics in adolescent depression.

Presenter



Nerissa Bauer, MD, MPH
Behavioral Pediatrician, Private Practice
Blogger, Let's Talk Kids Health
Consultant, NSB Consulting, LLC
Indianapolis, IN

About the presenter

Nerissa Bauer, MD, MPH sees patients in a behavioral pediatric private practice. She is an executive committee member of the American Academy of Pediatrics Council of Early Childhood. Dr. Bauer's clinical and research interests are to improve the social-emotional health of young children through earlier identification and engagement of providers and families in the primary care setting. Dr. Bauer has led multiple studies examining innovative ways to engage pediatricians and families in primary care through brief individual interventions and systems-level interventions with a specific focus on attention-deficit/hyperactivity disorder (ADHD), mood disorders, maternal depression and parenting.

>Learn More: optumhealtheducation.com/adolescent-depression-2019-live
There are **no fees** for participating in or receiving credit for this activity.

Provided by

This activity is provided by OptumHealth Education and UnitedHealthcare.

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There was no commercial support received for this activity.

Please direct any questions to OptumHealth Education at moreinfo@optumhealtheducation.com.